Owakihi Inc.

Training Summary Form

I. **Employee:** Jason Ristow **NONVIOLENT CRISIS INTERVENTION / CPI 260** Credit Hours: 5

II. Description of Training Content

From the CPI model for Nonviolent Crisis Interventiion: Review and instruction on how to implement positive support strategies for management of disruptive and asaultive behaviors: demonstrate effective de-escalation techniques to reduce the tension of an agitated person; identify alternatives if a person loses control and becomes violent; learn techniques to control one's own anxieties during interventions and maintain a professional attitude; self-care strategies; demonstrate varied intervention skills to maintain the care and welfare, safety and security for all involved. Importance of debriefing, self-care strategies, and reestablishing a positive relationship. Explain how CPI is applied to Owakihi Inc.'s policies and procedures, i.e. prohibited and permitted procedures, requirements for documentation, reporting and team review.

III. Instructional Methods

X **PART I INTRODUCTION** Nonviolent Crisis Intervention

_____ **PART II REFRESHER** Nonviolent Crisis Intervention

IV. Competency Evaluations

X **PART I INTRO:** Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

_____ **PART II REFRESHER:** Cerificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

V. Training Dates and Times, as applicable

PART I INTRODUCTION CPI Date: 3/3/2020 Times: 9AM - 2PM

Date: _____ Times: _____

PART II REFRESHER CPI Date: _____ Times: _____

Trainer Signature: [signature] **Employee Signature:** [signature]

Trainer Signature: _____

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Nonviolent Crisis Intervention® Training Program

Post-Test

Name Jason Ristow DSP Date 3/3/2020

Organization Beacon

Phone 763-251-3217 Email JRIZCDW47@Gmail.Com

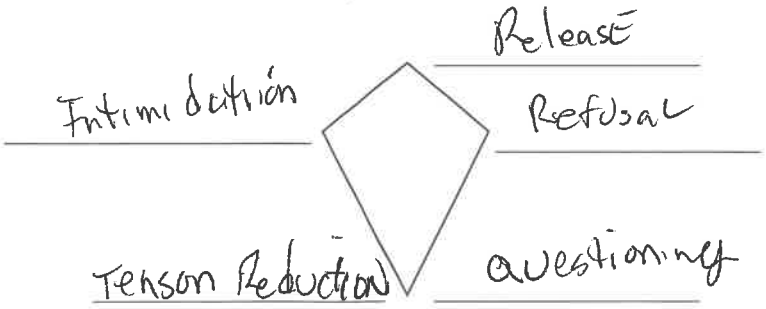
1. Complete the *Crisis Development Model*℠.

Crisis Development/Behavior Levels	Staff Attitudes/Approaches
1. Anxiety	1. Be Supportive
2. Defense	2. Take control
3. Risk Behavior	3. Physical Intervention
4. Tension Reduction	4. Therapeutic Rapport

2. What is the value of learning the four levels and corresponding staff attitudes?

Handle situations properly

3. Complete the *Verbal Escalation Continuum*℠.



4. Describe three reasons you should use the *Supportive Stance*℠.

Communicate Respect
Safety
Non threatening

Continue on next page.

Post-Test

5. List two ways the Decision-Making Matrix model is used to consider risk.

   Likelihood
   Severity

6. What are the values that underpin this course?

   Safety
   Person centered approach

7. Postvention is used for:
   a. Staff only.
   b. The individual in crisis only.
   c. Staff and the individual in crisis.

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