

Owakihi, Inc.
Training Summary Form

I. Employee: DIVNAH PARIGIRI Topic: OMBUDSMAN WINTER ALERTS 220

Credit Hours: _____

II. Description of Training Content

Review and instruction on the Ombudsman Winter Alerts and Medical Alerts. Topics include the following:

- Winter Letter
- Winter Alert
- Hypothermia Alert
- Frostbite Alert
- Windchill Chart
- Bowel Obstruction
- Burn Injury
- Choking is a Medical Emergency
- Client Residence Information for Health Care Providers
- Seizures
- Spinal Cord Injury Alert
- Unexplained deaths following recent outpatient dental surgery
- Use of over-the-counter medications and possible delay of treatment

III. Training Procedures

Training Format

____ Self Study
____ Team Meeting

Instructional Methods

X Written: See above
____ Oral Presentation and Dialogue

Demonstrated Competency

____ X Knowledge Testing (Quiz)
____ Other: _____

IV. Date(s): 12-19-20

(M/D/Y)

Time(s): _____

(AM or PM)

Location(s): _____

Trainer/Position: See Above

Approval Signature: _____



Employee Signature: _____



Ombudsman WINTER ALERT 220 Quiz

EMPLOYEE NAME: DIVINAH K. MARIGIRI

DATE OF QUIZ: 19/12/2019.

Directions: Upon completion, return the quiz and Training Summary Form to your supervisor.

Complete the statements below by filling in the blanks

1. After reading the "Winter Alert", identify 3 precautions that you will use this winter to help the persons you serve from getting communicable diseases:
 - a. Encourage careful and frequent hand washing.
 - b. Regularly clean and disinfect articles touched by many people.
 - c. Don't share drinking glasses and cups.
- Get a flu shot.
2. Basic tips for winter travel include the following:
 - a. Know what the weather forecast is
 - b. Keep a winter survival kit in your vehicle
 - c. Winterize your vehicle.
 - d. Always wear your seat belt.
 - e. All of the above
3. Warning signs and symptoms of mild hypothermia include:
 - a. Cold abdomen and back.
 - b. Shivering, memory lapses.
 - c. Confusion.
4. **True or False** Second and third degree frostbite need to be reported to the Office of the Ombudsman for Mental Health and Developmental Disabilities as a serious injury. True.
5. According to Medical Alert on Choking: When a person chokes, be prepared to perform the Heimlich maneuver.
6. Identify at least 3 first aid recommendations in the event of a seizure, as cited in the Seizure Alert:
 - a. Lower the person to the ground.
 - b. Time the seizure.
 - c. Move objects that may cause injury away from the person.
7. Identify 2 sources of information that staff can access to protect the health and safety of persons served:
 - a. Consumer file contents
 - b. from Designated Coordinator/supervisor.

KNOWLEDGE TESTING BY QUIZ REVIEWER

- > Note the question(s) answered incorrectly, and the action taken to assure that the employee understands the correct response(s) _____
- > The employee identified above has demonstrated competency in completion of the quiz questions. (If not, refer employee to Supervisor.)

Signature of Quiz Reviewer

Date

3/20/2020