



Training Summary Form

Topic: OMBUDSMAN WINTER ALERTS 220

Credit Hours: .50

I. Employee: Michelle Vojt

II. Description of Training Content

Review and instruction on the Ombudsman Winter Alerts and Medical Alerts. Topics include the following:

- Winter Letter
- Winter Alert
- Hypothermia Alert
- Frostbite Alert
- Windchill Chart

III. Training Procedures

Training Format

Self Study
 Team Meeting

Instructional Methods

Written: See above
 Oral Presentation and Dialogue

Demonstrated Competency

Knowledge Testing (Quiz)
Other: _____

IV. Date(s):

(M/D/Y) 1/31/20

Trainer/Position: See Above

Time(s): _____

(AM or PM) _____

Approval Signature: [Signature]

Location(s): See

Employee Signature: [Signature]

Ombudsman WINTER ALERT 220 Quiz

EMPLOYEE NAME: Tyra Johnson

DATE OF QUIZ: 2/3/2020

Directions: Upon completion, return the quiz and Training Summary Form to your supervisor.

Complete the statements below by filling in the blanks

1. After reading the "Winter Alert", identify three precautions that you will use this winter to help the persons you serve from getting **communicable diseases**:

- a. Get a flu shot
- b. hand washing
- c. disinfect commonly touched items

2. Basic tips for **winter travel** include the following:

- a. Know what the weather forecast is
- b. Keep a winter survival kit in your vehicle
- c. Winterize your vehicle.
- d. Always wear your seat belt.
- e. All of the above

3. Warning signs and symptoms of **mild hypothermia** include:

- a. Weakness and loss of coordination
- b. Confusion
- c. Slowed breathing

4. **True or False** Second and third degree frostbite need to be reported to the Office of the Ombudsman for Mental Health and Developmental Disabilities as a serious injury. if blisters or medical attn. was needed

5. According to Medical Alert on **Choking**: When a person chokes, be prepared to perform the Heimlich maneuver.

6. Identify at least 3 first aid recommendations in the event of a **seizure**, as cited in the Seizure Alert:

- a. lower client to the ground
- b. provide privacy
- c. turn client on their side

7. Identify 2 **sources of information** that staff can access to protect the health and safety of persons served:

- a. office of the ombudsman
- b. STAR Services

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KNOWLEDGE TESTING BY QUIZ REVIEWER

- Note the question(s) answered incorrectly, and the action taken to assure that the employee understands the correct response(s) _____
- The employee identified above has demonstrated competency in completion of the quiz questions. (If not, refer employee to Supervisor.)

Signature of Quiz Reviewer

Date