Owakihi Inc.

Training Summary Form

I. Employee: Walid Mussa **NONVIOLENT CRISIS INTERVENTION / CPI 260** Credit Hours: 6HRS

II. Description of Training Content

From the CPI model for Nonviolent Crisis Interventiion: Review and instruction on how to implement positive support strategies for management of disruptive and asaultive behaviors: demonstrate effective de-escalation techniques to reduce the tension of an agitated person; identify alternatives if a person loses control and becomes violent; learn techniques to control one's own anxieties during interventions and maintain a professional attitude; self-care strategies; demonstrate varied intervention skills to maintain the care and welfare, safety and security for all involved. Importance of debriefing, self-care strategies, and reestablishing a positive relationship. Explain how CPI is applied to Owakihi Inc.'s policies and procedures, i.e. prohibited and permitted procedures, requirements for documentation, reporting and team review.

III. Instructional Methods

✓ **PART I INTRODUCTION** Nonviolent Crisis Intervention

_____ **PART II REFRESHER** Nonviolent Crisis Intervention

IV. Competency Evaluations

_____ **PART I INTRO:** Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

_____ **PART II REFRESHER:** Cerificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

V. Training Dates and Times, as applicable

PART I INTRODUCTION CPI Date: 2/18/2020 Times: 2pm-8pm

Date: _____ Times: _____

PART II REFRESHER CPI Date: _____ Times: _____

Trainer Signature: Tiera Spellman **Employee Signature:** Walid

Trainer Signature: _____

All rights reserved.
Copying prohibited.

Nonviolent Crisis Intervention® Training Program

Post-Test

Name Walid Date 2-18-2020

Organization DSP

Phone (612) 703-3390 Email Mussa.Walid97@gmail.com

1. Complete the *Crisis Development Model*℠.

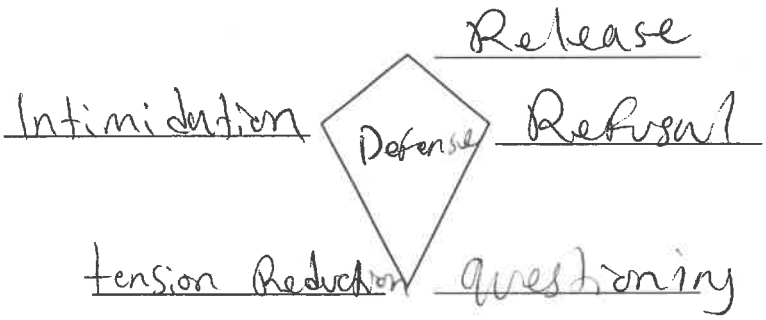
Crisis Development/Behavior Levels	Staff Attitudes/Approaches
1. Anxiety	1. Supportive
2. Defensive	2. Directive
3. risk behavior	3. Physical intuention
4. ~~Defensive~~ tension reduction	4. Theraputic rapport

2. What is the value of learning the four levels and corresponding staff attitudes?

Helps you overacting / under reacting.

Helps you avert crisis

3. Complete the *Verbal Escalation Continuum*℠.



4. Describe three reasons you should use the *Supportive Stance*℠.

Safety, Respect, Non threating

Continue on next page.

Post-Test

5. List two ways the Decision-Making Matrix model is used to consider risk.

Severity & likely hood

6. What are the values that underpin this course?

Care, Wellfare, Safety, Security

7. Postvention is used for:
   a. Staff only.
   b. The individual in crisis only.
   c. Staff and the individual in crisis.

Workbook ID: NECE4A35