

note high tone

Zakaria Suja
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Owakihi Inc.

Training Summary Form

I. Employee: Zakaria Suja NONVIOLENT CRISIS INTERVENTION / CPI 260 Credit Hours: 6HRS

II. Description of Training Content

From the CPI model for Nonviolent Crisis Intervention: Review and instruction on how to implement positive support strategies for management of disruptive and assaultive behaviors: demonstrate effective de-escalation techniques to reduce the tension of an agitated person; identify alternatives if a person loses control and becomes violent; learn techniques to control one's own anxieties during interventions and maintain a professional attitude; self-care strategies; demonstrate varied intervention skills to maintain the care and welfare, safety and security for all involved. Importance of debriefing, self-care strategies, and reestablishing a positive relationship. Explain how CPI is applied to Owakihi Inc.'s policies and procedures, i.e. prohibited and permitted procedures, requirements for documentation, reporting and team review.

III. Instructional Methods

- PART I INTRODUCTION Nonviolent Crisis Intervention
- PART II REFRESHER Nonviolent Crisis Intervention

IV. Competency Evaluations

- PART I INTRO: Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration
- PART II REFRESHER: Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

V. Training Dates and Times, as applicable

<u>PART I INTRODUCTION CPI</u>	Date: <u>2/18/2020</u>	Times: <u>2pm-8pm</u>
<u>PART II REFRESHER CPI</u>	Date: _____	Times: _____
	Date: _____	Times: _____

Trainer Signature: Tierra Speelman

Employee Signature: Zakaria Suja

Trainer Signature: _____

Nonviolent Crisis Intervention® Training Program

Post-Test

Name Zak Syon Date 02/18/2020
Organization Beverly Kyle Allen
Phone 612-219-8157 Email Syonzak@gmail.com

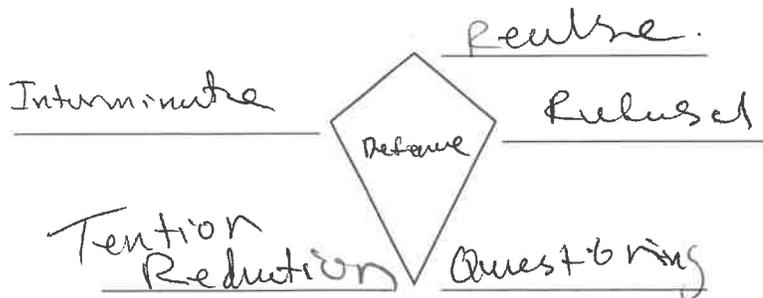
1. Complete the Crisis Development ModelSM.

Crisis Development/Behavior Levels	Staff Attitudes/Approaches
1. Anxiety	1. Supportive
2. Risk behavior Pullers	2. Directive
3. Tension Risk behavior	3. physical Intervention
4. Defensive Tension Reduction	4. Therapeutic rapport

2. What is the value of learning the four levels and corresponding staff attitudes?

- Care, helps you intervene early and appropriate
- Over / must understand reacting
- help you avert crisis

3. Complete the Verbal Escalation ContinuumSM.



4. Describe three reasons you should use the Supportive StanceSM.

- Safety
- Respect
- Non-threatening.

Post-Test

5. List two ways the Decision-Making Matrix model is used to consider risk.

Severity
likely used.

6. What are the values that underpin this course?

- Care
- welfare
- Safety
- Security.

7. Postvention is used for:

- a. Staff only.
b. The individual in crisis only.
 c. Staff and the individual in crisis.