

Owakihi Inc.
Training Summary Form

Sagal Seid

NONVIOLENT CRISIS INTERVENTION / CPI 260

Credit Hours: 6HRS

I.

Description of Training Content

From the CPI model for Nonviolent Crisis Intervention: Review and instruction on how to implement positive support strategies for management of disruptive and assaultive behaviors; demonstrate effective de-escalation techniques to reduce the tension of an agitated person; identify alternatives if a person loses control and becomes violent; learn techniques to control one's own anxieties during interventions and maintain a professional attitude; self-care strategies; demonstrate varied intervention skills to maintain the care and welfare, safety and security for all involved. Importance of debriefing, self-care strategies, and reestablishing a positive relationship. Explain how CPI is applied to Owakihi Inc.'s policies and procedures, i.e. prohibited and permitted procedures, requirements for documentation, reporting and team review.

III.

Instructional Methods

PART I INTRODUCTION Nonviolent Crisis Intervention

PART II REFRESHER Nonviolent Crisis Intervention

IV.

Competency Evaluations

PART I INTRO: Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

PART II REFRESHER: Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

V.

Training Dates and Times, as applicable

PART I INTRODUCTION CPI

Date: 2/18/2020

Times: _____

2pm-8pm

PART II REFRESHER CPI

Date: _____

Times: _____

Times: _____

Trainer Signature: Teresa Speelman

Employee Signature: _____



Trainer Signature: _____

Nonviolent Crisis Intervention® Training Program

Post-Test

Name Sagal Seid Date 02-18-2020

Organization _____

Phone 612-310-7218 Email marsilas2112@gmail.com

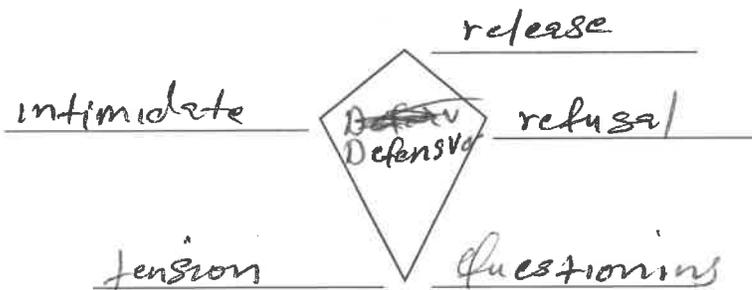
1. Complete the Crisis Development ModelSM.

Crisis Development/Behavior Levels	Staff Attitudes/Approaches
1. ANXIETY	1. SUPPORTIVE
2. DEFENSIVE	2. DIRECTIVE
3. RISK BEHAVIOR	3. PHYSICAL INTERVENTION
4. ATTENTION REDUCTION	4. THERAPEUTIC SUPPORT

2. What is the value of learning the four levels and corresponding staff attitudes?

Helps you
Helps you ~~not~~ avoid overreacting or underreacting
Helps ~~not~~ ^{avoid} crisis

3. Complete the Verbal Escalation ContinuumSM.



4. Describe three reasons you should use the Supportive StanceSM.

- Safety
- Respect
- Nonthreatening

Post-Test

5. List two ways the Decision-Making Matrix model is used to consider risk.

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6. What are the values that underpin this course?

Care, Welfare, Safety security

7. Postvention is used for:

- a. Staff only.
- b. The individual in crisis only.
- c. Staff and the individual in crisis.