

Owakihi Inc.  
**Training Summary Form**

I. **Employee:** Sharon Johnson **NONVIOLENT CRISIS INTERVENTION / CPI 260** **Credit Hours:** 5.5

II. **Description of Training Content**

From the CPI model for Nonviolent Crisis Intervention: Review and instruction on how to implement positive support strategies for management of disruptive and assaultive behaviors: demonstrate effective de-escalation techniques to reduce the tension of an agitated person; identify alternatives if a person loses control and becomes violent; learn techniques to control one's own anxieties during interventions and maintain a professional attitude; self-care strategies; demonstrate varied intervention skills to maintain the care and welfare, safety and security for all involved. Importance of debriefing, self-care strategies, and reestablishing a positive relationship. Explain how CPI is applied to Owakihi Inc.'s policies and procedures, i.e. prohibited and permitted procedures, requirements for documentation, reporting and team review.

III. **Instructional Methods**

- PART I INTRODUCTION** Nonviolent Crisis Intervention
- PART II REFRESHER** Nonviolent Crisis Intervention

IV. **Competency Evaluations**

- PART I INTRO:** Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration
- PART II REFRESHER:** Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

V. **Training Dates and Times, as applicable**

<b>PART I INTRODUCTION</b> CPI	Date: <u>2/4/2020</u>	Times: <u>9:00AM - 2:30PM</u>
	Date: _____	Times: _____
<b>PART II REFRESHER</b> CPI	Date: _____	Times: _____

**Trainer Signature:** Sharon Johnson **Employee Signature:** \_\_\_\_\_

**Trainer Signature:** \_\_\_\_\_



Nonviolent Crisis Intervention® Training Program

Post-Test

Name Sheri Dohmen Date 2-4-20

Organization \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

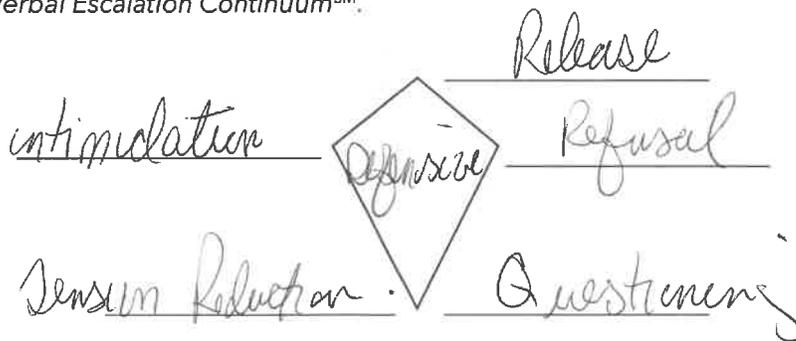
1. Complete the Crisis Development Model<sup>SM</sup>.

Crisis Development/Behavior Levels	Staff Attitudes/Approaches
1. Anxiety	1. Supportive
2. Defense	2. Directive
3. Risk Behavior	3. Physical Intervention
4. Sensory Reduction	4. Empathetic Rapport

2. What is the value of learning the four levels and corresponding staff attitudes?

Person Centered thinking

3. Complete the Verbal Escalation Continuum<sup>SM</sup>.



4. Describe three reasons you should use the Supportive Stance<sup>SM</sup>.

non threatening -  
non challenging -  
Safety

## Post-Test

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5. List two ways the Decision-Making Matrix model is used to consider risk.

Severity - Likelihood

6. What are the values that underpin this course?

Person Centered Thinking.

7. Postvention is used for:

- a. Staff only.
- b. The individual in crisis only.
- c.  Staff and the individual in crisis.