

Owakhi Inc.
Training Summary Form

I. Employee: Tisha Lockhart

NONVIOLENT CRISIS INTERVENTION / CPI 260

Credit Hours: 5

II. Description of Training Content

From the CPI model for Nonviolent Crisis Intervention: Review and instruction on how to implement positive support strategies for management of disruptive and assaultive behaviors: demonstrate effective de-escalation techniques to reduce the tension of an agitated person; identify alternatives if a person loses control and becomes violent; learn techniques to control one's own anxieties during interventions and maintain a professional attitude; self-care strategies; demonstrate varied intervention skills to maintain the care and welfare, safety and security for all involved. Importance of debriefing, self-care strategies, and reestablishing a positive relationship. Explain how CPI is applied to Owakhi Inc.'s policies and procedures, i.e. prohibited and permitted procedures, requirements for documentation, reporting and team review.

III. Instructional Methods

X PART I INTRODUCTION Nonviolent Crisis Intervention

PART II REFRESHER Nonviolent Crisis Intervention

IV. Competency Evaluations

X PART I INTRO: Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

PART II REFRESHER: Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

V. Training Dates and Times, as applicable

PART I INTRODUCTION CPI

Date: 1/24/2020

Times: 2pm-4pm

Date: _____

Times: _____

PART II REFRESHER CPI

Date: _____

Times: _____

Trainer Signature: [Signature]

Employee Signature: [Signature]

Trainer Signature: _____

Post-Test

Name Tosha Lockhart Date 1-29-20
 Organization Nashota - Shockapee
 Phone 612-209-6995 Email tosha.shantel2000@yahoo.com

1. Complete the Crisis Development ModelSM.

Crisis Development/Behavior Levels

1. Anxiety
2. Defensive
3. Risk Behavior
4. Tension Reduction

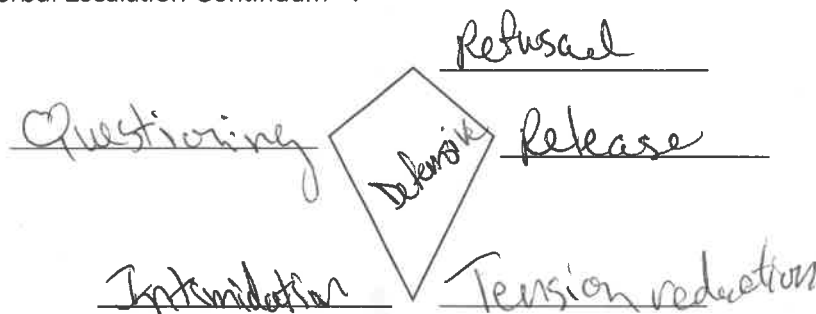
Staff Attitudes/Approaches

1. Supportive
2. Directive
3. Physical Intervention
4. Therapeutic Rapport

2. What is the value of learning the four levels and corresponding staff attitudes?

Intellectual outline for Nonviolent Crisis Intervention
 ★ Helps prevent over reactive & under reacting.

3. Complete the Verbal Escalation ContinuumSM.



4. Describe three reasons you should use the Supportive StanceSM.

It Communicates ~~Safety~~ respect
 To maintain safety.
 Non-threatening

Continue on next page.

Post-Test

5. List two ways the Decision-Making Matrix model is used to consider risk.

low risk : high risk
* Severity —
* likelihood. —

6. What are the values that underpin this course?

Safe
effective.
Acceptable transferable.
Safety & welfare
Person centeredness

7. Postvention is used for:

- a. Staff only.
- b. The individual in crisis only.
- ☒ c. Staff and the individual in crisis.