Owakihi Inc.

# Training Summary Form

I. **Employee:** Shardaiallen **NONVIOLENT CRISIS INTERVENTION / CPI 260** Credit Hours: 5

## II. Description of Training Content

From the CPI model for Nonviolent Crisis Interventiion: Review and instruction on how to implement positive support strategies for management of disruptive and asaultive behaviors: demonstrate effective de-escalation techniques to reduce the tension of an agitated person; identify alternatives if a person loses control and becomes violent; learn techniques to control one's own anxieties during interventions and maintain a professional attitude; self-care strategies; demonstrate varied intervention skills to maintain the care and welfare, safety and security for all involved. Importance of debriefing, self-care strategies, and reestablishing a positive relationship. Explain how CPI is applied to Owakihi Inc.'s policies and procedures, i.e. prohibited and permitted procedures, requirements for documentation, reporting and team review.

## III. Instructional Methods

X **PART I INTRODUCTION** Nonviolent Crisis Intervention

_____ **PART II REFRESHER** Nonviolent Crisis Intervention

## IV. Competency Evaluations

X **PART I INTRO:** Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

_____ **PART II REFRESHER:** Cerificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

## V. Training Dates and Times, as applicable

**PART I INTRODUCTION CPI** Date: 1/29/2020 Times: 2PM-7PM

Date: _____ Times: _____

**PART II REFRESHER CPI** Date: _____ Times: _____

**Trainer Signature:** [illegible] **Employee Signature:** Shardai Allen

**Trainer Signature:** _____

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*Nonviolent Crisis Intervention®* Training Program

# Post-Test

Name Shardai Allen Date 1/29/20

Organization

Phone Email

1. Complete the *Crisis Development Model*℠.

| Crisis Development/Behavior Levels | Staff Attitudes/Approaches |
|---|---|
| 1. Anxiety | 1 Supportive |
| 2. Defensive | 2 Directive |
| 3. Risk ~~factors~~ behaviors | 3 physical Intervention |
| 4. tention Reduction | 4 Theurputic Report |

2. What is the value of learning the four levels and corresponding staff attitudes?

Interveen Early and appropitley

3. Complete the *Verbal Escalation Continuum*℠.

4. Describe three reasons you should use the *Supportive Stance*℠.

-Communicate Respect
Mariane Safety
Non Threating | Non Challenging

*Continue on next page.*

# Post-Test

5. List two ways the Decision-Making Matrix model is used to consider risk.

Severity
likelyhood

6. What are the values that underpin this course?

Safety welfare and
security for all.

7. Postvention is used for:
   a. Staff only.
   b. The individual in crisis only.
   c. Staff and the individual in crisis.

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