

Owakihi Inc.
Training Summary Form

I. **Employee:** Tanner Kohl **NONVIOLENT CRISIS INTERVENTION / CPI 260** **Credit Hours:** 8 Hours

II. **Description of Training Content**

From the CPI model for Nonviolent Crisis Intervention: Review and instruction on how to implement positive support strategies for management of disruptive and assaultive behaviors: demonstrate effective de-escalation techniques to reduce the tension of an agitated person; identify alternatives if a person loses control and becomes violent; learn techniques to control one's own anxieties during interventions and maintain a professional attitude; self-care strategies; demonstrate varied intervention skills to maintain the care and welfare, safety and security for all involved. Importance of debriefing, self-care strategies, and reestablishing a positive relationship. Explain how CPI is applied to Owakihi Inc.'s policies and procedures, i.e. prohibited and permitted procedures, requirements for documentation, reporting and team review.

III. **Instructional Methods**

- _____ **PART I INTRODUCTION** Nonviolent Crisis Intervention
- _____ **PART II REFRESHER** Nonviolent Crisis Intervention

IV. **Competency Evaluations**

- _____ **PART I INTRO:** Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration
- _____ **PART II REFRESHER:** Certificate (2 yr) upon successful class completion, includes written test and observed skill demonstration

V. **Training Dates and Times, as applicable**

PART I INTRODUCTION CPI Date: 1/7/2020 Times: 9am-3pm

PART II REFRESHER CPI Date: _____ Times: _____

Trainer Signature: Terra Speelman **Employee Signature:** Tanner Kohl

Trainer Signature: _____

Nonviolent Crisis Intervention® Training Program

Post-Test

Name Tanner Kohl Date 12-7-2020
Organization Owa Kihii
Phone 707-837-6653 Email Kohl4739@gmail.com

1. Complete the Crisis Development ModelSM.

Crisis Development/Behavior Levels

1. anxiety
2. ~~defensive~~
3. risk behavior
4. ~~restraint physical~~ tension reduction

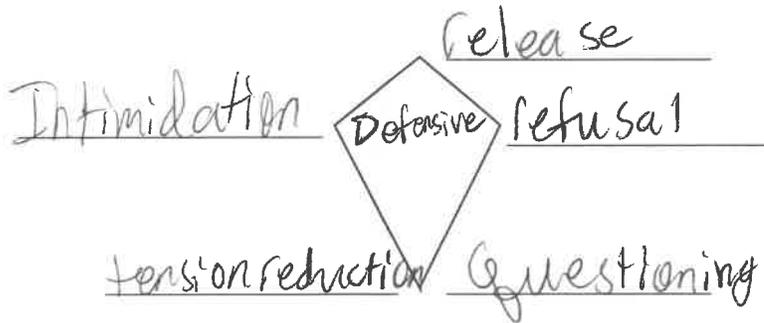
Staff Attitudes/Approaches

1. talk/calm them - Supportive
2. directive
3. physical intervention
4. ~~restraint~~ therapeutic support

2. What is the value of learning the four levels and corresponding staff attitudes?

knowing appropriate responses to behaviors

3. Complete the Verbal Escalation ContinuumSM.



4. Describe three reasons you should use the Supportive StanceSM.

- easy to run away
- easy to defend yourself
- easy to keep others safe

Post-Test

5. List two ways the Decision-Making Matrix model is used to consider risk.

- knowing an appropriate response to the behavior happening
- likelihood & severity

6. What are the values that underpin this course?

Knowing how/when an appropriate time to intervene is ~~at hand~~
Care, welfare, Safety & Security

7. Postvention is used for:

- a. Staff only.
- b. The individual in crisis only.
- c. Staff and the individual in crisis.