

# OMI Individual Fall Protocol

## Medical Intervention:

- Staff will use their First Aid training to assess the individual after their fall. Encourage the individual to stay still and not get up until you have checked them for injuries. Check the individual for bruising and/or swelling. Have them move their limbs and perform range of motion to determine injuries. Ask them if they are having pain anywhere on their body or observe their body language for signs of pain.
- Whenever an individual has a fall and they hit their head and go unconscious, unable to move on their own or appear to have a serious medical concern, staff will immediately call 911.
- If the individual has fallen and hit their head but they are not showing signs of unconsciousness and don't appear to have a serious medical concern at the time, staff will follow the Guidelines set up on the "Mind Matters: Symptoms of a Concussion" poster and will monitor the individual for signs of a concussion. Staff will seek out medical treatment for the individual if they are showing signs of a concussion. Staff may need to feel the individual's head to see if there is an injury or contusion as many of our individuals have very high pain tolerances and may not report pain.
  - Staff will bring them to their primary physician and/or clinic if an appointment is available. If an appointment is not available they will take the individual to Express/Urgent care to be seen.
  - If there is bruising, swelling, complaints of pain at the time of fall or noticed after the fall, staff will need to seek out medical attention for that individual, when needed. Staff will bring them to their primary physician and/or clinic if an appointment is available. If an appointment is not available they will take the individual to Express/Urgent care to be seen.

## **Who to notify:**

Staff will notify their PC/PM Mon. – Fri. while on duty

Staff will notify PD Mon.-Fri. 8a-5p when PC/PM off duty

Staff will notify the OMI On-call system after 5pm, on weekends, holidays

# What are the Symptoms of a Concussion?



## PHYSICAL

- ✓ Headache
- ✓ Nausea and vomiting
- ✓ Balance problems
- ✓ Slowed reaction time
- ✓ Dizziness
- ✓ Sensitivity to light
- ✓ Sensitivity to sound
- ✓ Fuzzy or blurry vision

## SLEEP

- ✓ Sleeping more or less than usual
- ✓ Trouble falling asleep
- ✓ Feeling fatigued or drowsy



- ✓ Difficulty concentrating
- ✓ Difficulty remembering
- ✓ Confusion
- ✓ Feeling "mentally foggy"
- ✓ Feeling slowed down

## THINKING AND REMEMBERING

## MOOD DISRUPTION

- ✓ More emotional
- ✓ Irritable
- ✓ Sad
- ✓ Nervous
- ✓ Depressed

