

The definition of sexting is the action of sending self-nude photos over a digital device. Whether it's through a cell phone, Snap Chat, text application, email or any other phone application the use of sexting is more common than people think.

In today's digital world and sexually driven culture it is considered normal depending upon the circumstance. If it involves a high profile individual then it is considered abnormal. When it is done outside the bounds of one's marriage with a third party, then it is abnormal. If it involves sending material to a minor then it is abnormal. If it involves a person who already has a sexual disorder of some kind then it is considered abnormal.

Now let's talk about the 'normal'. If it is done within the bounds of marriage or a committed monogamous relationship it is considered normal. However that definition changes when it applies to religion or culture. Within a Christian marriage it is definitely abnormal. I say pick your argument, here is mine.

Sexting is absolutely 100% abnormal and destructive to society. The use of the cell phone is bad enough with people using their phone like a slot machine day in and day out. My biggest issue with sexting in addition to the over use of the cell phone or any digital device is that it breaks down communication, critical thinking and destroys the attachment bond or keeps it from forming. Instead of being attached to healthy relationships our society has become attached to unhealthy habits. Although physical contact is not involved in sexting it is looked upon as 'safe sex' and foreplay. People will spend more time sexting in addition to their already bad Tinder habit instead of doing the hard work of asking someone for their phone number and trying to form a meaningful connection.