

Chapter 10

5. MDMA or Ecstasy is a popular street drug seen in club or party settings all around the world, was mostly seen in the early 2000's. It is a stimulant and hallucinogen which gives those who take it a boost of energy that allows them to dance through the night and produce strong feelings of attachment and sense of feeling. Although it sounds like a good time there are dangers to MDMA those including psychological problems such as anxiety and paranoia, impairment of memory and cognitive skills, as well as medical issues such as raised heart rate and blood pressure. MDMA works by causing the neurotransmitters serotonin and dopamine to be released all at once throughout the brain.

13. It's safe to say that college is a time for not only pursuing your dreams but also a time to find yourself. More times than often college students spend any free time they have away from school trying to have a good time, which usually includes nights out drinking. This binge drinking has raised the rates of dangerous and even life threatening issues. Some of those problems including 83% of campus arrest, it causes about 40% of academic problems, around 700,00 students each year are physically and emotionally traumatized and assaulted, and binge drinking is the cause of 170,000 deaths a year.

14. The major obvious risk of opioid use is death. Whether it be an overdose or the person under the influence not being able to control their body. Heroin users when overdosing lose control of their breathing it's been seen that some fall asleep and lose control of their body unable to wake while losing the ability to breathe. Some other risk of using opioids is not knowing what you are being given. Often it is purchased on the streets and drug dealers looking to make a better profit will mix the drugs with other things. Another issue being the use of needles which risk the chances of spreading infections such as HIV.

16. After watching the video of "The Nature and Abuse of Ecstasy (MDMA)", it's pretty clear that what makes people vulnerable is their own mental insecurities and the crowds they surround themselves with. I believe that weak minded people avoid the risk behind the drug because they're chasing a feeling. What I mean by that is they are at these low states of mind and hear about the good times others are having on MDMA and take the drug chasing that happiness they see in others. Society can prevent the abuse of drugs by making it more known there are other ways to achieve a safe and happy state of mind. Making support groups more accessible and known to the general public.

Chapter 11

27. There are many types of sociocultural causes of low sexual desires among those are divorce, high stress jobs, death of a loved one, issues within a relationship. It is frequently seen in

unhappy relationships, one of the partners may feel dominated or lost affection for the other causing a loss in interest in sex. It can also happen in happy relationships where one partner may feel belittled or inferior to the other or even if one partner feels they need their own personal space. Trauma from sexual molestation or assault also causes low sexual desires. The idea of sex may trigger past fears and memories.

29. Treatment techniques for disorders of desire are difficult to pinpoint because there can be multiple issues at play. Therapists usually use a combination of techniques such as affectual awareness and self-instruction training. Affectual awareness is when the patient visualizes sexual scenes in order to figure out any feelings of anxiety, vulnerability, and whatever other negative thoughts are connected to sex. From there the focus is put on fixing those negative aspects.

30. Premature ejaculation can be treated with SSRI's, the serotonin-enhancing antidepressant drugs. They have been shown to reduce sexual arousal or orgasm. Delayed ejaculation has a combination of treatments that help reduce performance anxiety and increase stimulation. Some therapists may instruct their patients to masturbate to orgasm in front of their partner and right before the climax start intercourse. If delayed ejaculation is caused by physical factors drugs may be used.

31. The issues surrounding Viagra and the Pill are just one example of how unfair and the double standards between men and women. It has been shown that women toiletries are more expensive than those marketed to men, yet they are the same things. It is seen in the case of Viagra and the Pill, Viagra can be seen as something not medically necessary yet it was put on the market for men prior to birth control. At one point in time insurance companies were not required to reimburse women for the out of pocket expenses for health care. Whereas when Viagra hit the market insurance companies quickly ran to the idea of covering its cost.