

**SWK 357 FIELD EXPERIENCE
COMPETENCY JOURNAL**

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1. Review of Competencies Practiced

Review cases, clients, projects, and tasks from this past week. Describe a specific activity from the Field Learning Agreement that was completed and indicate what competency and practice behavior it represents. It would be useful to discuss an activity you were challenged by or have questions about.

In my field Internship with the Healing for the Soul Organization. I am working on developing a survey for donors. This session provided me with an overview of what Grant Writing is used for within non-for-profit organizations. The competency I used was 'Competency I: Demonstrate Ethical and Professional Behavior'. Through this practice I was able develop questions that would gear donors to the option of supporting the organization through funds, community support and or social media following.

2. Reflect on Performance of Competencies

Strengths - What went well in your demonstration of this particular practice behavior?

I felt as if I was able to provide a knowledge of some questions that would gain an understanding the donors demographic so that the organization can have a clearer understanding to which/whom is supporting them and how/in what way.

Limitations - In what ways do you need to grow related to this particular practice behavior?

I still don't have a full understanding on how to gain the donors support. I feel as if I would benefit from learning how to write a complete survey in order to gain the most accurate information.

Describe your personal feelings related to the activity:

I am excited to continue to be tasked with continuing to work on the survey because I received positive feedback that I was on the right track with the first draft.

3. Connecting Competencies to Knowledge, Values, and Skills

What Social Work knowledge, skills, and/or values relate to your development of this competency?

The value of patience. This can sometimes be overlooked in the field because one may desire for change or the engaged activity to show immediate results. Which is often times not the case in social work. One must often times must try different skills in order to gain success.

4. Plan for Progress

What have you learned about yourself from this experience/interaction? What steps or actions are needed to foster personal growth and continued development of this practice behavior?

I've learned that I won't learn all of these new skills and sets of information quickly but through repetition. I will study and continue to be dedicated to self development.