

SWK 357 FIELD EXPERIENCE  
COMPETENCY JOURNAL 3

Name: Christopher Brantley  
Date: 10/07/21

**1. Review of Competencies Practiced**

**Review cases, clients, projects, and tasks from this past week. Describe a specific activity from the Field Learning Agreement that was completed and indicate what competency and practice behavior it represents. It would be useful to discuss an activity you were challenged by or have questions about.**

---

I was asked to complete a Survey Questionnaire for donors to partake. This survey would be utilized to grasp a better and/or better understanding of those who are presently supporting the organization. This will also narrow down or identify if there is a specific population that supports the organization more than the rest.

Competency 2: Engaging Diversity and Difference in Practice was represented in this activity. Specifically, understanding of diversity as comprising multiple perspectives, and striving to achieve inclusiveness and respect for differences of all types.

---

**2. Reflect on Performance of Competencies**

**Strengths - What went well in your demonstration of this particular practice behavior?**

---

Being unbiased was a strength in the development of the survey questions and not gearing/leading the survey to ask questions of one type of donor but an inclusion and diverse population.

---

**Limitations - In what ways do you need to grow related to this particular practice behavior?**

---

Not taking into consideration of discriminating questions such as religious belief, or educational level achieved. These questions can be intrusive or pose unconscious defensive responses from the survey participant for this type of survey. Due to some individuals acquiring their education in-field

practice and/or owning their own business but dealing with the stigma of a lack of education that places their engagement in a lower standard.

---

**Describe your personal feelings related to the activity:**

---

I was overwhelmed with getting the survey correct on the first try. This placed further pressure on me in completing the task. This later identified self-imposed pressure applied unnecessary stress in completing the activity.

---

**3. Connecting Competencies to Knowledge, Values, and Skills  
What Social Work knowledge, skills, and/or values relate to your development of this competency?**

---

This competency reminded me that there will always be different viewpoints. Showing empathy or attempting to understand a specific vantage point is a social workers dilemma.

---

**4. Plan for Progress  
What have you learned about yourself from this experience/interaction? What steps or actions are needed to foster personal growth and continued development of this practice behavior?**

---

I learned not to negatively overthink a project because it clouds judgement and causes unnecessary stress that is not being applied by anyone but yourself. Reminding myself that stages of progress are set for a reason. Progression is the task, and that in time it will be easier than the day before.

---