

**DML811: Spiritual Formation for Leaders**  
**Spring 2023**  
**Spiritual Coach/Mentor Assignment**  
**Jennifer Hearne**

I can honestly say that as a mentee it has been an enlightening learning experience about myself, listening to the information of the mentor. I respected her time by being on time to every meeting organized my material had a list of questions to ask. As a conscientious individual I expanded in my thinking of what type of leader I need to be and the goals that I need to achieve. On a day to day from a spiritual perspective she taught me how to be a disciple who I want to emulate my mentor. Reverend DeJesus and I develop a relationship that I believe will last a lifetime. She shared her knowledge experience as a mentor and helped me excel in mentoring and discipling others I learned and realized that Jesus Christ gave to all of us believers the tools on how to group discipling and grow closer to Him. Pastors are the lead leaders, disciples in the church, and as Pastors we invite people to listen to our teachings but is deeper than that is being able to mentor and train disciples like Jesus Christ. Paul also exhorted others in the bible by mentoring them and leading them to be great disciples through his teachings and letters. Mentees learn and become leaders by the examples of the mentors. I learned a ton of things and the benefit is that I have learned even more about Jesus Christ. Another benefit is that as you are teaching as a mentor your mentees excel and the joy to have an opportunity to changing the lives of others you leave the world in a better place. The Christian life is like a marathon race and is really how to finish the race. In the New Testament book those people that walked with Jesus Christ and witnessed His miracles and learned all His teachings went to other regions teaching and preaching what they had learned they were mentoring others to become disciples and leaders for Christ. I learned and discovered in the soul care book that with the help of God and others we learn how to overcome. I absolutely believe that to help anyone with their psychological problems we must discover the root cause of the matter and not simply deal with the symptoms or external effects. There are indeed social and environmental factors that drive a person to be the way they are, to do what they do or have done, to react to certain circumstances or respond to certain people in particular ways. There may be unresolved issues with a parent or both, with

one sibling or more, with a relative, with a childhood friend or teenage peer, an incident with a teacher or clergy person, an accident or a terrifying situation that produced a deeply embedded phobia that must be overcome or simply a complete misinterpretation of an occurrence.

## **Reverend Luz Eneida DeJesus**

These few months have been a rewarding thing for me as a spiritual director and mentoring Chaplain Jennifer Hearne as I anchored my systematic tools to help her mentor others. When taking a leap of faith and having the mental discipline to mentoring others it is a blessing. It was the most important hours of my week and a pleasure to have this opportunity mentoring this wonderful woman of God that loves the Lord and His people. It is an honor, and a great privilege to talk about this extraordinary human being who is Jennifer: a hard-working, hard-fighting, generous woman, with a profoundly noble heart that spreads love everywhere. She has been able to overcome the many obstacles that have come into her life because she has learned to love God and depend totally on Him. People of Jennifer's human qualities make the difference because she has the one and only true God within her, she is very generous. She is an inspiration to many. As the word of God says, "the eye is the lamp of the body" – her whole being radiates light and much peace accompanied by great wisdom from above.

I have followed her trajectory because she considers me as her spiritual mother, spiritual advisor, and special friend, as well as her beloved Reverend. I thank God for this relationship of love, respect, and trust – it is a blessing in my life. She is very discreet, so I approach her with confidence, and do not fear being disappointed, because as a child in the word, we talked about the importance and necessity of having God in our lives. I met her 36 years ago and have watched her grow throughout the years. She is an advocate for other people's rights without forgetting that they have their duties, because she tries to be as fair as possible. She does not like to be a respecter of persons, because she understands very clearly the value of love and forgiveness. She loves sharing the message of salvation with firmness, love, and much respect. I could write so much about this human being I love and admire deeply.

Today I just want to say, "Thank you God for such a beautiful and valuable gift in my life: Jennifer. "

I thank God for your spiritual growth and for your gift of love. Rich and abundant blessings I pray to the Lord for you. God Bless You.

Reverend Luz Eneida DeJesus/Luz Eneida DeJesus