

## READING REPORT FOR *The Deeply Formed Life*

Student Name: Joshua Estrada

With integrity, I have read this book (circle one): Thoroughly and Entirely  
 100%

Quickly but Completely \_\_\_100%

Thoroughly but NOT Entirely \_\_\_%

Quickly and NOT Completely \_\_\_%

Not at all

Signed: Joshua Estrada

1. Where did this book "take you apart?" How did God use it in "spiritual surgery?" (please use quotes & page numbers)?

God used this book to confront me on the things that have been forming me. I had to ask myself, are the truths that I am allowing to enter my heart. God calls us to protect our heart from things that can deceive us. God has been confronting me on the things I spend time on, but as well as the things I waste time on. God will bring into account all the time He gifted me and I Didn't Stewart properly. God wants to use me in great ways, but there are habits and areas in my life that still need refining. Villodas writes about reflecting Jesus in our daily tasks. God used this text to show me areas that I need to better reflect Jesus. This means my speech, the way I live, the things I listen to, and the say that I love.

2. Where did you agree most with the author? Disagree most?

Page 53

I agree with pastor and Dr. Brenda Salter McNeil's definition of Reconciliation. Reconciliation is an ongoing process involving forgiveness, repentance, and justice that restores broken relationships. I agree because it takes more than just saying you forgiving someone in order for there to be a reconciliation. It's an ongoing practice that requires a lot of patience. I slightly disagree in the sense that I don't believe there could be full reconciliation in every case. I believe cases vary, just because some forgives, does not mean the relationship will ever be the same again. God is the only one that makes a miracle happen in fully restoring what was broken. In most cases relationships tend to have scars. Reconciliation is

something that has lost its power over the years. There needs to be a reconciliation between man and God, and through that other relationship will be brought to life.

3. What was the key spiritual truth you gleaned from this book? How are you integrating it into your personal spiritual formation process?

In page 166 Villodas talks about what it looks like to love someone outside the bedroom. As for someone that wants to have a healthy long lasting marriage, my attention gravitates towards this information. Villodas states that love making goes beyond the bedroom, and it's something that only gets better when you practice it. Villodas gives practical advice in order to make love outside the bedroom like acts of service, words of appreciation, intentional time, which are things that go way beyond. At times we get carried away with our own selfish ways to receive love, and forget how the other person receives love. Through this section I have become more aware with loving people around me the way they need to be loved, and not the way I think is right or easier. Now I have been more aware of dying to my flesh, and aware if the way I'm loving someone is hurting them or filling them. Since the fall we have been desperate to be loved. In order to love someone right, we must accept the Love God has for us. I do believe loving someone properly comes from understanding how God calls us to love others. The second most important commandment is to love your neighbor as you love yourself, but in order to do so you must love God with your whole heart first.