

Nursing Dx:

P: Risk for infection

E: 1st degree perineal Laceration
S:

Expected Outcome:

The patient will be free from redness, discharge, swelling for the duration of the shift.

Interventions:

1. Educate patient on strict hand hygiene.
2. Educate patient to report s/s of infection (REEDA)
3. Encourage the use of peri bottle after using the Bathroom.
4. Encourage high fluid intake at least 2000mL/day.

Evaluation:

Goal met; Patient is infection free within 8hrs after proper education.

Assessment:

NB: GA 41wkss, 50cm, (33.60gm), 7.7lbs, T 98.3F, Resp 84, O2 100%, 128bpm, Chest 35, head 33.5 HC.

MOM: NSVD, GTPAL: 3203, AxOx4, temperature 98.2F, Pulse 64 Resp 20, BP: 123/60 , O2 100%, Fundus firm, Scant Lochia, QBL 200mL

Medications

Mom: Dinosprostone 10mg
Ferrous Sulfate 325mg, Docusate Capsule 100mg,
Prenatal Vitamins

Baby: Erythromycin, Hep B Vax, Vitamin K

Nursing Dx:

P: Risk for Hypothermia

E: related to Ineffective thermoregulation

Expected Outcomes:

The neonate will maintain a body temp within normal limits (98 to 99.5 F) during the entire shift.

Interventions:

1. Educate parents how to swaddle and keep infants head in a cap.
2. Observe for cold signs of stress
3. Take temp every 2-4 hrs
4. Encourage mom to have skin to skin contact with newborn.

Evaluation:

Goal met; The neonate maintained a stable temperature of (98.6 F) during the 8hr shift.