

Chapter 15

3. Define the social roles and explain how the social role of a police officer might be different from the social role of a high school teacher.

Social Role is a role given to someone because they belong to a specific group of persons, a police officer is very different from a high school teacher, one it is created to protect the people, and practice the order when needed, this can be an authority much extended than a teacher, the teacher has authority in its classroom, even in its school, but outside the building the professor is a normal person besides as the police officer has the uniform the police officer is an authority to the majority of the people.

6. Using your own words, discuss the field of social psychology.

Social psychology is the study of how people interact with other people, how they feel with other people, how they behave when other people are around them, how a group of people can influence an individual opinion, and how social norms determinants how a person can behave.

10. Identify some flaws in the triangular theory of love. Discuss.

I would say that one of the flaws may be that the concept is reduced to very few emotions that one person can have towards another, and that it also only touches on certain specific relationships, but there are other types of relationships, such as the relationship with God, or the relationship, certain relatives who are family members but you still love them just because they are your family and you share certain blood ties.

17. Explain the difference between racism, prejudice, and discrimination. Discuss.

Racism is when a person is discriminated against because of its race, no matter the social status or the values this person may have or not. Prejudice is a negative feeling toward a person just because of their membership in a group, no matter the gender, nor social status, nor their age, just because they are being part of a certain group. And discrimination is the action of what prejudice can lead to, which can be an insult.

31. As a Christian, what reaction do you have to this chapter? Elaborate and give examples.

This chapter has been very helpful for me because I could understand how important it is to have a good relationship with others, and how we have to know all these issues about racism, prejudice, discrimination, homophobia, sexism, because that way we can be more aware and not practice these behaviors with anyone because we have to show the love of God in the best way we can do it, we have the responsibility to show everyone how important it is to God.

Chapter14

47. Describe posttraumatic stress disorders

Post-traumatic stress disorders occur when a person experiences a bad situation in their life, and after this event, the person develops different types of trauma, such as someone who as a child had a bad experience with the dog, maybe every time a dog tries to please them they become nervous and anxious.

50. Why is social support connected to better health outcomes? Discuss.

Social support is very important to have better health outcomes, because the human being was created to be accompanied, to perceive love, support from others, I can relate and confirm this, since I arrived in NYC I have been very anxious and tended to be more stressed because I do not

have my parents close, nor my sister and closest friends, this has generated in me a lot of isolation and this often leads to a bit of depression.

54. What determines whether we adopt a problem-focused or an emotion-focused coping approach?

The way in which we want to get rid of the problem, since problem-focused is focused on solving the problem to free us from that burden, and emotion-focused is focused on distracting you from the problem to forget it, but this is a temporary solution since you may be de-stressed, but after some time that stress will come back because the cause of the stress has not been solved.

72. Is being a professor or being a student more stressful? Explain.

Being a student is more stressful than being a teacher because the student has more new things to learn, and practices this knowledge by doing homework, and then the student has the pressure to pass the course, and also the student has probably 4 more courses to pass, this causes much more stress than a job as a professor because being a professor even if you have a heavy workload, you don't have the pressure from your parents, professor, classmates and the social environment to pass the course, not to lose the semester and not to disappoint your parents, many times as students we feel frustrated for not understanding some topic, while this doesn't happen with teachers.

73. Do you think venting about stressors on social media is helpful or harmful? Explain.

In my opinion, I say it's bad, because you usually see more hate than love on social networks, also rarely do people offer to help, and they focus on criticizing and talking, the type of You will

continue to have, because if you have people who love you and support you, you will probably receive help, but if you have hypocritical people, you will only continue to gossip.