

SHORT ANSWERS

4. The four main characteristics of groupthink are illusion of invulnerability, collective rationalization, belief in inherent morality, and pressure to conform.

10. Some fallacies with the triangular theory of love is oversimplification and doesn't fully capture the emotions felt. Lack of cultural specificity because of its development with western culture context.

Inadequate empirical support because there have been failures when it comes to the theory of love.

14. The affective component I would have to say for me would be when I come home I just feel safe. The Behavioral component would be if I didn't feel comfortable with a situation I would leave. Finally, the cognitive component would be me not wanting to buy a product because of my prior attitude.

17. Racism refers to the sets of beliefs, attitudes, or practices that are based on the idea that one race is inherently superior or inferior to another race. Prejudice refers to a preconceived opinion or attitude about an individual or group that is not based on reason or actual experience. Finally, discrimination refers to the unfair or unequal treatment of individuals or groups based on certain characteristics, such as race or ethnicity.

22. Instrumental aggression refers to aggression that is used as a means to achieve a specific goal or outcome. A real-life example of instrumental aggression could be a bank robbery. The primary goal of the robbers is to steal money from the bank, the aggression may be used as a means to achieve this goal.

46. The two systems are the nervous system and the endocrine system. The nervous system deals with the hormones and the endocrine system works with the HPA, CRH, ACTH.

47. PTSD is a mental health condition that can occur in people who have experienced or witnessed a traumatic event such as a natural disaster or war. It can cause a range of symptoms and interfere with a person's ability to function in daily life.

49. Positive psychology is a field of psychology that focuses on the scientific study of positive experiences, emotions, traits, and behaviors, with an emphasis on helping people and communities thrive.

57. The relationship between depression and heart disease is a hand in hand relationship, meaning that both influence each other. People with heart disease will most likely develop depression and vice versa.

58. Some risk factors for burnout can be work-related, personal, lifestyle, environmental, and health factors. Burnout is a complex phenomenon and the risk factors for experiencing burnout can vary from person to person.