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The Health Fair experience was a great one to say the least. At first, I felt dismayed because my partner Chan Ho and I were told we had to present a total of 8 times to the children and youth. We panicked, because we weren't sure how to incorporate our topic of Christian Character to suit their age-appropriate needs. Somehow, by the grace of God, we managed to present a total of 4-5 times, and we also had tremendous fun doing so. The children liked our presentation and were well-behaved. We were able to do activities and review the different fruit of the Spirit. A skill that was performed was education. Although religion and health are not the same, we were able to use effective communication and build rapport with our students. Another skill that was performed was making sure that the students did not choke on their food during lunch time. We also had the students carry out physical exercise during our game sessions, which promoted moving their bodies and getting their blood circulating. My greatest accomplishment was when many of the students told the professors how much they liked our presentation. Chan Ho and I did not expect them to have as much fun and we were so relieved to know that they acknowledged the preparation that went into our presentations. The greatest challenge for me was physically keeping up with the activities. I realized that I was out of shape and that I probably need to start exercising. I felt burnt out within the first hour. Chan Ho and I were able to effectively communicate with each other and I think he did an amazing job leading many of the discussions. Something that I can improve on is to be more active. Although I worked with kids for more than half of my life, I truly felt the effects of my body shutting down. I used to

have a lot of stamina, so I will start exercising more in the summer. I really enjoyed the Health Presentation clinical. It made me feel like I was a Sunday School/Youth Group teacher all over again and I know that working with children is my life passion. I hope we can work with the school again because it was so much fun. A Bible verse I want to share is about the Fruit of the Spirit. Galatians 5:22-23 (ESV) states, “But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.” I felt that this verse was fitting since my entire presentation was based on this. I also believe that as a future nurse in a secular world, these are the things I want to implement while providing care to my patients. In everything that I do, I hope to spread God’s love to others.