

Reflection Paper

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The purpose of this paper is to reflect upon Nyack College's conceptual framework for nursing.

This framework includes Godly living, person, health, environment, nursing, service, and cultural competence. This paper will discuss my thoughts on the framework, my agreement with the framework, how the framework will assist me in developing as a professional nurse, what concept I would remove from the framework, and what concept I would add to the framework.

The framework for nursing is rooted in a Christian worldview. The framework emphasizes the importance of Godly living. It also highlights the complexity of persons and emphasizes the need to understand how individuals exist in the world in order to deliver care effectively and appropriately. Health is characterized as being in harmony with God and the goal of nursing is to help others in the performance of activities contributing to health. The environment is a stable set of stimuli that can influence the human being, and nurses have the responsibility to advocate for those in need. Service to others and cultural competence are also emphasized in the framework as integral components of excellent nursing practice.

I would like to say that I agree with the conceptual framework that the Department of Nursing has developed, which is founded on the Christian worldview. The importance of godly life, the person, health, the environment, nursing, and service, as well as cultural competency, is emphasized throughout the framework. It reflects the essential values of the nursing profession, which include providing care that is centered on the patient, advocating for patients, and being culturally competent. It also acknowledges the importance of health, the environment, and nursing in promoting health and healing. The framework acknowledges the need for service to others and cultural competence in order to provide culturally appropriate care.

The conceptual framework will help me develop into a professional nurse by laying a foundation for ethical decision-making and providing guidance on how to provide care that is holistic, compassionate, and culturally competent. It will also give me a foundation for making ethical decisions. The focus that the framework places on virtuous life inspires me to deepen my connection with God via the practice of spiritual disciplines like prayer, faith, and the study of scripture. This personal development will help me develop the character traits necessary for effective nursing practice, such as empathy, compassion, and resilience. As a result, I will be able to provide better care for my patients. The idea that each individual is made in God's image, which is emphasized, is an important one in the field of nursing practice. It serves as a reminder that each patient is an individual and deserves to be treated with respect and dignity. The focus placed on health as the completeness of the mind, body, spirit, and soul is another fundamental idea that serves as a helpful reminder for us to treat the patient as an entire individual rather than merely a collection of symptoms. It shows nursing as advocacy which is a fundamental idea that inspires me to advocate for my patients and fosters resource distribution for vulnerable populations. It places a strong emphasis on providing service to others, which is another fundamental principle that serves to remind us that nursing is a vocation that requires us to be of service to others and that providing such service is an act of worship directed toward God.

If I were forced to eliminate one notion from the conceptual framework, it would be the one that places an emphasis on godly life. I believe that the concept of godly living is overly prescriptive and could be perceived as promoting a specific religious tradition over others. Despite the fact that I recognize the significance of spiritual disciplines in nursing practice, I do not believe that the term "godly living" should be used. I am of the opinion that nursing practice

ought to be founded on a collection of universal ethical standards that can be applied to all people regardless of the religious views they have.

In addition to a Concept, if there was one idea that I could incorporate into the conceptual framework, it would be an emphasis on learning that continues throughout one's life. The field of nursing is an ever-evolving one that calls for continuous education and professional growth. My position as a nurse requires that I be current on the most recent advancements in medical treatment, technological advances, and nursing procedures. Because of the focus placed on lifelong learning, I will be reminded to maintain my natural sense of curiosity, to seek out new information and experiences, and to consistently reflect on my practice in order to provide better results for my patients. I would also add advocacy which is an important part of nursing and is essential for promoting the health and well-being of individuals and communities. Nurses should advocate for their clients, for their colleagues, and for the nursing profession. Advocacy includes advocating for public policy to improve access to health care and to promote health equity.

In conclusion, the conceptual framework offered by the Department of Nursing offers a good foundation for ethical nursing practice that is based on the Christian worldview. The emphasis placed within the framework on godly life, the person, health, the environment, nursing, service, and cultural competency provides a complete framework for nursing practice that supports care that is holistic, compassionate, and culturally competent. Although I agree with the majority of the concepts presented in the framework, there is one thing that I would change: instead of placing an emphasis on godly living, I would place an emphasis on learning throughout one's entire life. This would better reflect the ever-changing nature of nursing

practice. In general, the conceptual framework will be helpful to me in evolving into a professional nurse since it will instruct me on how to deliver care that is compliant with ethical standards, is compassionate, and is culturally competent.

References

<https://www.nyack.edu/files21/Nursing-Student-Handbook-2021-22.pdf>