

Ashley B. Rodriguez

Journal 5

This clinical experience was a little different from a typical clinical, due to the fact that we were not in a hospital setting, but a school. I had done the Health Fair the year before for volunteer hours but this year was different since it involved my cohort. Our assignment for this clinical was to create a plan of education and fun activities for the kids to participate in, as well as learn from. My cohort and I were assigned different subjects and tasked with ways to present them to children of different ages. Children themselves do not have a very long attention span so this task seemed a little difficult to all of us. However, when I saw that I was assigned to the younger grades, to do physical exercises, I thought it would not be as hard. I was wrong. These children were very active, as you would expect 4-7 year olds to be at their stage of development. They have built up energy and it showed throughout the whole day. I thought me and my partner had prepared enough activities for them to enjoy and also understand the importance of physical exercise, again I was wrong. I also learned that from the grades 1-2nd, they are very vocal about their feelings about their other classmates and everything is completely unfair unless it means they, themselves win. Although it was challenging at times, trying to keep up with their energy and their conflicts, it was an enjoyable day. Children are a gift and a wonder, and it's always so fascinating to observe them. I didn't use much of my nursing skills for the day, however I was able to observe children at different developmental stages, which is part of the peds assessment. The verse that stuck to me for this day was, "Children are a gift from the LORD; they are a reward from him." Psalm 127:3 (NLT).