

Alliance University  
Cheryl Phenicie School of Nursing  
**NURSING CARE PLAN**

**Student's Name:** Phoebe Kim

**Nursing Diagnosis:**

Deficient knowledge r/t lack of financial and social resources as evidenced by limited financial resources, complaints on lack of space to promote children's creative development, and refusal to stay indoors because "It's suffocating in this tiny apartment."

**P:** Inability to provide a home environment conducive to health maintenance and personal development

**Date:** April 1, 2023

**E:** R/t inadequate family resources

**Family Name:** The Chuns

**S:** Evidenced by parents' admittance of limited financial resources, complaints on lack of space to promote children's creative development, and refusal to stay indoors because "It's suffocating in this tiny apartment."

| Expected Outcomes  | Nursing Interventions  | Rationales   | Evaluations   |
|--|--|--|---|
| <p>After the nursing intervention, the family will be able to identify financial and social resources and learn how to utilize their home space for creative development and will reconsider staying indoors within 2 hours.</p> | <ol style="list-style-type: none"> <li>1. Establish a family budget &amp; inform of resources within the community.</li> <li>2. Encourage moving around furniture for optimal space.</li> <li>3. Brainstorm ideas for a nook or an area designated for a creative outlet.</li> <li>4. Educate the parents on the benefits of staying indoors (saving money) and the importance of balancing staying in and going out.</li> </ol> | <ol style="list-style-type: none"> <li>1. Many resources are available for families in New York but most are unaware they exist.</li> <li>2. Well-organized space improves overall health outlook.</li> <li>3. Parents feel more important when they contribute to ideas for their children. This increases their confidence.</li> <li>4. Stress hormones can induce hyperglycemia.</li> </ol> | <p>The goal was met within 2 hours. The family identified their financial and social resources and learned how to utilize their home space for creative development. They decided to stay indoors due to having more activities available inside.</p> |