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In this week's Clinical I got to do a lot during my shift. I was paired up with a patient who had a chronic respiratory issue. He is a very cute 4 year old with a few disorders such as tracheostomy, GT tube and bronchopulmonary dysplasia. I was able to practice my nursing skills during this clinical, and perform EKG, Trach ties, and suctioning. I felt more comfortable performing these skills now since we have been practicing them more often during clinical. One of my accomplishments in this clinical was being able to do an EKG on a pediatric patient which is different from an adult EKG. We had to assess his heart because he was lethargic for a few days now. Another skill I was able to do was trach ties, even though the patient was uncomfortable I was able to perform it with the help of my instructor.

One of the things I had difficulty with was remembering a skill from foundations which was IV priming and setting it up. I think with more practice I will be able to master this skill. After coming to clinical at Blythedale hospital it has helped me become more comfortable with the patients and make me more knowledgeable with all the diseases and will help me become a better well rounded nurse in the future. As it's getting closer to finals week I have been feeling overwhelmed with my own individual life problems and school stress. God has never failed me and will help me continue this career that he has for me. One of the bible verses that has helped me overcome this stress is "I sought the LORD, and he answered me and delivered me from all my fears. Those who look to him are radiant, and their faces shall never be ashamed." Psalm 34:4-5".