

Sunita Paltoo  
Journal 3

Today in clinical was an eventful day at clinical in Blythedale Hospital. I had the opportunity to work with nurse Gene, she's one of the older nurses so everyone calls her mama. I was able to assist with vitals for all her patients. My patient today woke up annoyed because the phlebotomist was on the floor and needed to take his bloodwork. I was amazed by the light the phlebotomist has which allowed him to see the location of the veins before sticking the patient, I think it's such a great tool and should be available in all medical facility.

My patient today was a 5y old M with Horner's Syndrome. Patient is alert, limit verbal ques. Vitals:98.6, 98, 18, 102/52, 96%, pain 3/10. Abnormal PERRLA left side delayed Normal s1 and s2 no murmur. Pedal pulse 2+ and equal bilaterally, capillary refill <3 seconds. Lung sounds equal bilaterally, equal rise and fall of chest no adventitious sounds. A surgical wound lower back. Past Surgical History: Spinal fusion Dorsal Rhizotomy to treat is current symptoms from having Horner's syndrome. Patient medication, Multivitamin, Tylenol 237mg PO Q 6hr PRN, Motrin 160mg Q 6hr PRN, MiraLAX , Senna. The surgery patient had done is to help with his leg spasticity and pain. Patient hated having his hair brushed.

Some of the skills I learned in this clinical were not on my patient but another I was able to give medication through the G- tube, which was a lot simpler. Some of the things I can work on is speaking to patients even if it's young child it's good to speak to then tell them what you are doing and why you are doing it, so they don't panic when you are trying to assess them.

Isaiah 41:10 "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." We may feel like we are all alone at times, and that realization can make us feel weak and down, but the truth is that God is always with us and will help keep our heads above the waves, and Isaiah 41:10 reminds us of this truth. Praying my patient is able to have a swift recovery.