

Sunita Paltoo  
Journal 2

Today in clinical was an eventful day at clinical in Blythedale Hospital. I had the pleasure of working with nurse Barbara, who really wanted me to just focus on my patient assessing only my patient doing medication and vitals for only my patient.

My patient is female 2 years old no verbal cues but is alert. My patient was admitted for respiratory failure with hypoxia or hypercapnia. I was able to suction my patient leaving her free of mucus. The patient history, tracheostomy in place, chronic respiratory failure, dysphagia, gastrostomy in place and nemaline myopathy which is a congenital hereditary neuromuscular disorder with many symptoms that can occur such as muscle weakness, hypoventilation, swallowing dysfunction, and impaired speech ability. Patient assessment v itals:97.8, 160, 30, 103/52, 97% on vent, pain 0/10. Normal s1 and s2 no murmur. Pedal pulse 2+ and equal bilaterally, capillary refill <3 seconds. Lung sounds equal bilaterally, equal rise and fall of chest acutes crackle cleared with suction. GT tube in place for medication administration as well as feeds that run for 5 hours followed by one hour not running, for a 5:1 ratio. Patient receives Glycerin 1.0. Patients' abdomen is distended but non-tender. Normoactive bowel sounds in all four quadrants. Musculoskeletal development is delayed. No past surgical history. Patient current medication list, Melatonin 3mg GT bedtime, Multivitamin Pediatric poly V GT, Norvasc 2mg GT QD, Artificial tears (1 drop both eyes daily), Ferrous Sulfate 15mg GT BID, Ibuprofen 96mg GT and Sodium Chloride 3 ml every 6 hours.

The skills I was able to learn how to do sterile suction and with another patient I was able to do ties for the tracheostomy as well as switch the inner cannula. Some skills I will need to work on was knowing how to do the suction accurately remembering it's in intervals.

Jeremiah 33:6 "Nevertheless, I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security." God does not want us to suffer because He loves us, so He will send us healing and blessings when we need them. My patient had such good sprits she was truly the sweetest little girl on the floor, she's also learning how to speak and give kisses.