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Today in clinical was an eventful day at clinical in Blythedale Hospital. I had the pleasure of working with nurse Helen, who gave me the opportunity to not just work with my patient but assist her with her other patients as well. I learned how to do the temporal temperature and use their oximeter. I assist in getting vitals for all her patients. I also help administer drugs to all her patient.

My patient is male 9 years old going on 20. My patient history he was on a motor vehicle accident, bilateral tibia fracture, compartment syndrome, clostridioides difficile diarrhea, neurogenic bladder, L3 vertebrae fracture, T7-T12 spinal cord injury, ADHD, abdominal aorta injury, colostomy fistula, anxiety, blunt trauma to abdomen, cleft palate. The patient past surgical history bilateral tibia fracture (compartment syndrome), clef palate repair, abdomen repair. The patient is currently experiencing short bowel syndrome, patient is malnourished, injury, unspecified subsequent encounter (7/08/22). On assessment, AxO x3, Temp 97.5, BP 105/65, HR 109, SPO2 96%, RR 17. Strict I and O (no juice limited water), medication given through NG, continuous feed NG tube, straight catheter to void, colostomy bag, wound healing on sacral and allergies shellfish. The patient is currently taking Metronidazole 135mg NG, Multivitamin Centrum kids, Zofran ODT 4mg Q8 PRN, Oxybutynin 15mg PO daily, Potassium Citrate 15 meq PO BID, Silver Nitrate (granulation at ostomy stoma) and Sodium Chloride 4med NG BID.

The skills I was able to learn was straight catheterization because of the patient neurogenic bladder, I learn to apply the pressure on the bladder to help get everything out. I also had the opportunity to empty his colostomy bag, which did not seal properly and ended exploding everywhere, including on sleeve. A learning experience and now I know tape the bottom of the bag to secure it.

Jeremiah 17:14 “Heal me, O Lord, and I shall be healed; save me, and I shall be saved, for You are my praise.” There has been considerable evidence of how our faith can strongly influence our healing. God honors those that believe, and He grants them their heart’s desire. The trauma my patient went through we can only pray he’s able to have the strength to push forward and stay in a positive mindset.