

Stephanie Duque
 Family Assessment Care Plan
 4/15/23

Nursing Dx:

P: Ineffective airway clearance

E: r/t to severe allergic rhinitis

S: as evidenced by nasal congestion, hives, and signs of wheezing

Expected Outcome	Nursing Interventions	Rationales	Evaluation
<p>The child will no longer breathe through the mouth, and the child and parents will understand the disease and treatment over the course of one month.</p>	<ol style="list-style-type: none"> 1. Educate parents on the environmental triggers. 2. Medication compliance 3. Educate parents on how to use the nasal spray 4. Recommend an Allergist 5. Encourage a thorough house cleaning 6. Educate parents on signs and symptoms of respiratory distress 	<ol style="list-style-type: none"> 1. Environmental triggers can be stuffed animals, indoor plants, or family pets. 2. Taking the correct medication such as intranasal antihistamines or corticosteroids. 3. Teach the patient and parent how to use nasal sprays by blowing the nose first and then administering the medication. 4. An Allergist will help promote a better outcome for patient's treatment 5. A thorough cleaning of the house will remove any dust or pollen 6. Signs and symptoms of respiratory distress or wheezing, the use of accessory muscles. 	<p>The goal was met; the child no longer breathes through the mouth, the airway is back to normal, and parents understand the disease treatment over the course of a month.</p>

