

Key Problem:

Disturbed Body Image

Etiology: related to inability to walk

Symptoms: as evidenced by

- Feelings of helplessness or hopelessness.
- Inability to perform ADL
- Verbal expression of negative feelings related to functional disability

INTERVENTIONS:

- Encourage expression of feelings & support communication with parents or peers.
- Notice any positive achievements and encourage independence as much as possible.
- Assess patients' feelings regarding strengths and weaknesses in performing ADL, social interaction and effect on self concept q 24 hours.
- Educate parents on how to maintain support and care for the patient.

OUTCOME:

- The patient identifies at least one positive thing about their own body in 12 hours.

EVALUATION:

- The goal is met. The patient was able to compliment himself on his smile within 12 hours.

Reason for Needing Care:

Medical Diagnosis: Spina Bifida

Key Assessments:

A & O x4, Incontinent, Catheterize q 6 hours , NKA, R Shoulder Pain, gunshot wound to the neck,

- **VITALS:** 120/75 BP, 97.5 Temp & 85 bpm
- **PMH:** N/A
- **MEDS:** Oxybutynin 0.4mg/kg and Bisacodyl 20mg.
- **LABS:** Hemoglobin 126g/L, Specific Gravity: 1.005, Lymphocytes: 60, Neutrophils: .1, Hematocrit: 35

Key Problem:

Bowel Incontinence

Etiology: Neuromuscular Involvement

Symptoms: as evidenced by

- Poor anal sphincter tone and control & passage of watery stool.
- Impaired skin integrity caused by contact with feces.
- Constant dribbling of stool

INTERVENTIONS:

- Provide scheduled potty training and use suppositories if needed.
- Teach parents correct cleansing and diapering techniques. .
- Assess diaper frequently (q 3 hours), provide barrier cream and record I&O into EMR.
- Encourage adequate fluid intake based on age.

OUTCOME:

- The patient participates in a bowel control regimen within the next 12 hours.

EVALUATION:

- The goal is met. The patient has agreed to a bowel regimen within 12 hours.