

Reason for Needing Care:

Medical Diagnosis: Spina Bifida

Key Assessments:

A & O x4, Incontinent, Catheterize q 6 hours , NKA, R Shoulder Pain, gunshot wound to the neck,

- VITALS: 120/75 BP, 97.5 Temp & 85 bpm
- PMH: N/A
- MEDS: Oxybutynin 0.4mg/kg and Bisacodyl 20mg.
- LABS: Hemoglobin 126g/L, Specific Gravity: 1.005, Lymphocytes: 60, Neutrophils: .1, Hematocrit: 35



Key Problem:

Impaired Urinary Elimination

Etiology: related to a neuromuscular defect

Symptoms: as evidenced by

- Urinary retention
- Neurogenic bladder with decreased tone
- Lack of awareness of bladder fullness or urinary incontinence.

INTERVENTIONS:

- Encourage adequate fluid intake and measure strict I & O
- Assess color, frequency, amount and odor of urine q 2 hours.
- Education parents on proper hygiene—clean from front to back.
- Keep genital area clean after each elimination

OUTCOME:

- The patient has improved urinary elimination within 2 hours.

EVALUATION:

- The goal is met. The patient's urinary output is currently 30ml/hour.

Key Problem:

Hypothermia

Etiology: related to illness condition

Symptoms: as evidenced by

- Loss of fluid and heat from the exposed sac
- Temperature of 34 degrees celsius
- cold skin

INTERVENTIONS:

- Strict temperature monitoring q 2 hours
- Wrap the patient in a blanket and place a heater in the room
- Educate parents about ideal room temperatures and the proper amount of clothes to put on.
- Educate parents on how to take a temperature and what signs & symptoms to notify for.

OUTCOME:

- The patient's temperature remains within normal values in the next 12 hours.

EVALUATION:

- The goal is met. The patient's axillary temperature is 97.8