

Ahuoma Chukwueke

NUR292

Mrs. Vanessa Hernandez

This week I had the opportunity to take care of patient Mr. K.C who was a 35 year old male that reported to the hospital after fainting. Mr. C had a history of hyperglycemia due to uncontrolled Type 2 diabetes. I was eager to learn more about diabetes and the many nursing interventions that would be required at the same time. I assisted the nurse with a number of duties, including taking vital signs, recording blood glucose levels, watching the patient for any changes, and assisting with medication administration. The nurse the patient was wearing non slip socks at all times and the bed was in the lowest position. I offered the patient words of encouragement and emotional support..I gained a lot of knowledge about diabetes and how it impacts a patient's daily activities. I gained knowledge on the significance of diabetes patient medication management, healthy eating, and exercise. I also discovered how crucial it is to give a patient who is dealing with a chronic illness emotional support. I observed the patient battling exhaustion, disorientation, and discomfort. In addition, I observed the nurse attending to the patient's needs with compassion. I observed the nurse ensuring the patient's safety and comfort while modifying the care plan as necessary. In addition to managing the patient's medications, the nurse also offered emotional support. To make sure the patient's vital signs and blood glucose levels were within the usual range, I kept an eye on them. Additionally, the nurse gave the patient comforting treatments to assist them control their symptoms and encouraged and supported them verbally

I encouraged the patient and enquired about their feelings. I could tell the patient was appreciative of the treatment I gave them since they seemed relieved to have someone to chat to.

I could sense the patient's gratitude, which gave me more faith in my skills as a student nurse. Overall, caring for this patient was a worthwhile learning experience for me. I feel like I learned a lot about diabetes and the significance of giving individuals with chronic illnesses thorough treatment. The verse that helped me this week was 2 Corinthians 12:9-10. But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Though I was unfamiliar with the management of diabetes, God allowed me to learn much about the disease process and care for my patient as I relied on Him.