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Nursing Concept Map
03/31/2023

Past Medical History:

- Cholelithiasis
- Laparoscopic Cholecystectomy
- Pneumonia

Physical Assessment:

Neuro: Alert and Oriented x3 (person,place,time)

Cardiac: Normal; elevated troponin. Pt. placed on ECG for monitoring

Respiratory: All lung sounds clear bilaterally.

GI/Diet: Heart Healthy

Elimination: Normal

Psych/Social: Hx Frequent Drug and Alcohol use

Patient information:

Name: R.B

Age: 73

BP: 120/71 , **RR:** 17

AHCD: Full Code

Allergies: NKDA

Medical Diagnosis:

Opioid overdose

Nursing Diagnosis:

Ineffective Individual Coping related to previous ineffective coping skills with substitution of drugs AEB impaired adaptive behavior and problem solving skills

Expected Outcome: The patient will identify ineffective coping behaviors, including use of substance

Nursing Diagnosis:

Ineffective Denial: related to failure to perceive the personal relevance of danger, or admit the impact of the condition on life pattern

Expected Outcome: The patient will verbalize acceptance of responsibility for their own behavior.

Nursing Diagnosis:

Deficient Knowledge related to lack of information; information misinterpretation as evidenced by continued use in spite of complications/adverse consequences.

Expected Outcome: The patient will verbalize understanding of the condition/disease process, prognosis and potential complications.

Nursing Interventions:

- Encourage verbalization of feelings, fears and anxiety
- Assist patient in use or relaxation techniques (deep breathing, guided imagery)
- Administer medications as necessary (*Methadone, Nicoderm CQ, NORAVASC, Lovenox)

Nursing Interventions:

- Discuss the client’s current life situation and the impact of substance use
- Encourage and support patients responsibility for their own recovery.
- Provide positive feedback for expressing awareness of denial in self

Nursing Interventions:

- Provide written and verbal information of opioid abuse
- Discuss the potential of re-emergence of withdrawal symptoms in stimulant abuse
- Provide patient with a variety of helpful organizations that can support in dealing with substance abuse.

Evaluation:

- The patient identified ineffective behaviors/consequences including the use of drugs as a way to cope with stress and feelings of loneliness.
- The patient was able to identify problem solving skills such as writing and listening to music when stressed and thought to use drugs arises..

Evaluation:

- The patient was able to verbalize acceptance of responsibility for their abuse of the drug.
- The patient was able to verbalize awareness of the relationship between substance abuse and the current situation.

Evaluation:

- The patient was able to verbalize understanding of the condition/disease process, prognosis and potential complications.
- The patient was able to identify/initiate necessary lifestyle changes to remain drug free