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Sermon 3

To thank before we think is definitely something that should be practiced daily even if it is not in the Jewish way. I agree with Rabbi Sacks in this case and definitely believe that we should be thankful for everything we have and everything we have coming in the future. The majority of us, whether we want to believe it or not, have an extreme amount to be grateful for. The ten commandments deal a lot with jealousy and envy because those are the two strongest negative things that exist in the world. The question within this sermon was, if jealousy is so bad, how do we fight it? I believe that we fight it by always taking care of ourselves and being super disciplined towards the goals that we want to achieve in life. I agree that the best way to fight envy is by being thankful for everything that we have when we wake up first thing in the morning. This will allow us to focus on all the good things we have and not the things that we do not have which are mostly wants and not needs.