

CLINICAL OBSERVATION CASE REVIEW NOTES

Please fill in at least 5 of the following sections with 2-4 sentences for each section.
Couple Therapy: Regina and Chris

1. THEORIES IDENTIFIED
2. CLINICAL ASSESSMENT: Ongoing
3. INTERVENTION STRATEGIES
4. CLIENT STRENGTHS / CLINICAL GAINS
5. CLIENT RESISTANCE: Chris is showing more resistance to Regina and the way Regina treats her. There is a lot of push back from Chris.
6. DIVERSITY ISSUES IDENTIFIED
7. SPIRITUALITY EMPLOYED IN THERAPY
8. ETHICAL ISSUES Regina is only interested in getting Chris unwilling to participate in her plans and see things her way.
9. THERAPIST USE OF SELF: Try to have Regina and Chris see each other's viewpoints.
10. OBSERVER'S EMOTIONS / REACTIVITY Regina's body language spoke loudly, just as in her verbal comments.
11. SUGGESTIONS FOR THE NEXT SESSION: I would like to see the closing session

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