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DYAD CONCEPT MAP
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Nursing Dx:

P Risk for infection
E r/t 1st degree laceration
S

Expected Outcomes: The patient will be free from redness, discharge, swelling for the duration of the shift.

Interventions:

Educate patient on strict hand hygiene.
Educate patient on s/s of infection (REEDA)
Encourage use of peri bottle after using Bathroom.
Encourage high fluid intake at least 2000 mL/ day.

Evaluation:

Goal met- Patient is infection free within 8hrs after proper education.

Assessment

NB: GA 41wks, 50cm, (33.60gm), 7.7lbs, T 98.3F, Resp 84, O2 100%, 128bpm, Chest 35, Head 33.5HC, Mom NSVD, GTPAL: 3203, AxOx4, temp 98.2F, Pulse 64, Resp 20, BP: 123/60, O2 100%, Fundus Firm, Scant Lochia, QBL 200mL

Medications:

Mom: Dinoprostone 10mg
Ferrous Sulfate 325mg
Docusate Capsule 100mg
Prenatal vitamins
Baby: Erythromycin, Hep B Vax, VitaminK

Nursing Dx:

P: Risk for Hypothermia
E: Ineffective thermoregulation
S:

Expected Outcomes:

The neonate will maintain a body temp within normal limit (98 to 99.5F) during the entire shift.

Interventions:

Educate parents how to swaddle, and keep infants head in a cap.
Observe for cold signs of stress
Take temp every hour until stable
Encourage mom to have skin to skin contact with newborn.

Evaluation:

The neonate maintained a stable temperature during the 8hr shift.

Nursing Dx:

P: Ineffective latching on breast
E: r/t breast deformity
S: Mom states R breast is smaller in size compared to L breast.

Expected Outcome:

The mother will increase frequency and duration while maintaining the correct breastfeeding position for the duration of the shift.

Interventions:

Provide strategies on how to increase milk supply
Provide nipple guard and show mother how to use it and educate what benefits it has for the newborn
Educate mom to breastfeed at least every 2-3 hrs/ day
Recommend to lactation consultant
Evaluation: Goal was met; Mother demonstrated proper latching technique and neonate was fed properly every 2-3 hrs during shift.