

Reflection #13.

1—Name two implications of the fact that women, on average, live longer than men.

One of the reasons women live longer than men is because of the hormone known as Estrogen in women which combats conditions such as heart disease by helping to reduce circulatory levels of harmful cholesterol in women.

Another reason why women are also thought to have a longer life span due in part to their immune system being said to be stronger than men.

2—Describe the difference between crystalized and fuel intelligence.

Fluid intelligence is the ability to learn, and navigate new situations. Crystallized intelligence is accumulated knowledge you can recall as needed.

3— How might an older person's depression present differently from that of a younger person?

In an older person depression is not present as sadness at all. Older adults tend to somaticize more than other groups. They express their psychological distress, weakness, dizziness, vague pain or constipation. In a younger person there is the feeling of sadness, loss of pleasure in things that usually used to be pleasurable, changes in appetite, feeling of emptiness, excessive social withdrawal and self-neglect.

4— Name 3 red flags for elder abuse, neglect, or exploitation that social workers should be aware of.

The caregiver display hostility and impatience toward the elderly, the older person appears hypervigilant or nervous, poor hygiene and nutritional status, obvious lack of care