

Reflection #12

1— Describe two theories of aging and provide an example of how each might influence practice with older adults.

The Biological theory and The Psychological Theories.

In Biological Theories some patterns of physical decline, called senescence, naturally occur in the human organism with age. Example there are radical changes, genetically programmed to wear out. The loss of hearing and falling of the eye sight.

In the Psychological this deal with the cognitive development on the late old age and this is called reintegration. This is when cognitive abilities begin to decline. Cognitive ability such as perceptual speed, memories and categorization show decline with age. Dementia and Alzheimer disease.

2— What are three typical tasks for late adulthood.

Feel the loss, grief, and mourning.

3— Explain the concept of morbidity.

Morbidity is all about change.