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SWK246

Prof. Jean

Wk 2

ACTIVITIES

2.1 MEDIATED COMMUNICATION SELF-ASSESSMENT

LEARNING OBJECTIVES

- Assess your use of mediated communication and face-to-face communication.
- Understand the impact of your use of mediated communication in particular situations and relationships.
- Reflect on the overall effects of your use of mediated communication.

INSTRUCTIONS

Answer the questions below. Then, in small- or large-group discussion, compare your experiences with classmates.

1. Observe your communication over the course of an entire day. What percentage of your time do you communicate through mediated channels? What percentage is face-to-face?

Outside of work, the majority of my communication is virtual/text. Even work is evolving in virtual communications. Face-to-face is becoming personal to occupy someone's "free" time or space is a reserved option.

2. In general, do you prefer email, phone, text-messaging, or other mediated communication or face-to-face communication? Why or why not? Depending on my day-to-day interaction with the person, I mostly prefer email and text messaging

unless immediate responses are needed. If it's for social needs, I prefer the phone and face-to-face because that's when I can naturally be myself without thinking of editing or how things sound when I read incorrectly. Unless a conversation mentally stimulates me, I am not really interested in small talk, unless there is a mutual benefit; I feel drained, forcing myself to do otherwise.

3. Specifically, when and why do you choose email, phone, text-messaging, or other mediated communication or face-to-face communication with instructors, family, friends, coworkers, or supervisors? How have those choices affected those relationships? Opposite of my answer above, I prefer text messaging and email for authority figures such as work, supervisors, instructors, and even sometimes coworkers because lately, you need to be able to remember what someone said and when you work in a high-stress type of atmosphere, you need reminders in those reminders are best written because words can change priorities can also change an in between your workload and other needs of the day, things can easily be forgotten, and sometimes when it's written, it gets to the point rather than group meetings that just go on forever with other miscellaneous and repetitive interests. As for phone and face-to-face, if what wasn't communicated effectively through the previous option, face-to-face would follow afterward for clarity purposes, sometimes even discretion.

4. Is your use of mediated communication specific to particular situations, such as quick conversations, sharing pictures, or avoiding uncomfortable conversations? What has been the impact of your choices in those types of

situations? I am actually the opposite of the question type, I use mediated communication as a filler. I'm saying 'hello', but I have nothing really to say, or I thought of you, so I sent you this funny video. On the other hand, I wouldn't try to use media as a way of small talking my way into an uncomfortable situation. It's either the person is approachable, and I speak about what is necessary or they're not, and I just keep my distance.

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