

## CLINICAL OBSERVATION CASE REVIEW NOTES

Please fill in at least 5 of the following sections with 2-4 sentences for each section. Then fill in Question A below in 2-4 sentences.

### 1. THEORIES IDENTIFIED

**One theory that was used was Solution focused. Another theory was narrative theory.**

### 2. CLINICAL ASSESSMENT

### 3. INTERVENTION STRATEGIES

**The major question asked was “How would the continued positivity impact your marriage 6 months from now? Although the clients were vague with their answers, they sought to imagine the effects of their positive experiences.**

### 4. CLIENT STRENGTHS / CLINICAL GAINS

**The clients had expressed that they were intentional in the positive development of their relationship. They began going to the gym and visited the waterfront, which was something that the couple wanted to try. Both husband and wife were optimistic and positive during their session.**

### 5. CLIENT RESISTANCE

### 6. DIVERSITY ISSUES IDENTIFIED

### 7. SPIRITUALITY EMPLOYED IN THERAPY

**The Fruits of the Spirit were brought up in a discussion about self-control. The husband had mentioned that he can work on himself to enhance the marital relationship; the wife has mentioned difficulty in the realm of self-control.**

### 8. ETHICAL ISSUES

### 9. THERAPIST USE OF SELF

### 10. OBSERVERS EMOTIONS / REACTIVITY

**There were a lot of sweet moments that were shared during this session. There were several sessions when tension and anxiety was very prominent. However, without a major negative interaction within the past 2 weeks, they were more positive results in the marriage.**

A: If you were the therapist for the next session, what questions would you ask or what interventions might you consider?

**How would you approach an issue that you can't just overlook during this streak of positivity? How can you de-escalate the situation to keep the focus on positivity?**

Alvin Yoo name

4/24/23 date