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PHY 441

Freud's Essay Ques.

(#2) What is Personality?

Personality is described as the unique trait of an individual, each person has their own unusual style of being themselves. Freud's theory is that the mind is divided into three components: the id, ego, and superego, and that the interactions and conflicts among the components create personality. Some limitations in the personality term are; personality can change over time, there are different levels in the trait of quality and quantity, and they differ from one person to another. If a person's personality is said of them that their personality is unreasonable and rude, it is possible for this person's personality to change for the better over time. Limitation Also requires personal observations or subjective self-reports to measure, requiring individuals to be in tune with their own feelings, so they can work on changing their behavior.

Ques(6)

There are six criteria that are used by personality psychologists to judge the scientific worth of theories. (1) Comprehensiveness; for example it is important to understand what the theory adequately describes, and explains the reason why certain behavior can bring changes in personality. (2) Precision and Testability; is that a good theory should contain constructs that are absolutely clearly defined; An adequate theory must contain hypotheses, measured precisely and confirmed in terms of events that can be observed. (3) Parsimony; should be as economical as possible, while still adequately accounting for the observable event in its domain. (4) Empirical Validity is confirmation of the hypotheses after data is collected and tested to

determine whether or not they are accurate; disconfirmation of the hypotheses decreases confidence in the theory if data test is repeated. (5) Heuristic Value; An adequate theory should be challenging; it should create active and new ideas for new research. (6) Applied Value; a good theory is capable of providing creative solutions to problems that are of interest and concern to people. This criterion is not of interest to scientists, especially by those who work in experimental psychology. Nevertheless it can still help people to overcome their problems in the area of their personality.