

Nyack College SON- Concept

OMOROVBIYE IDEHEN SOLOMON
04/24/23 PT;WK

Interventions

1. Educate patient, family, and all caregivers about food consistency and choices.
2. Allow the patient to chew thoroughly and eat slowly during meals.
3. Position patient upright at a 90-degree angle with the head flexed forward at a 45-degree angle when feeding.
4. Ensure patient is awake, alert, and able to follow sequenced directions before attempting to feed.

Evaluation- Goat met, Pt was able to eat 3 meals without aspirating within 24 hours.

Interventions

1. Assess respiration; quality, rate, rhythm, depth, use of accessory muscles.
2. Administer BIPAP/medication per providers order.
3. Elevate the Pt head and encourage frequent position change.
4. Encourage deep breathing and effective coughing exercise.

Evaluation- Goat met, Pt maintained optimal gas exchange as evidence by unlabored respiration and O2 result of 99% within 1hr.

Interventions

1. Assess Pt height and weight, age, body build, strength, activity and rest level.
2. Maintain a diary of intake, as well as times and patterns of eating.
3. Provide opportunity to choose foods and snacks to meet dietary plan.
4. Review laboratory studies as indicated, (glucose, serum albumin and prealbumin, electrolytes).

Evaluation- Goats met, Pt maintained appropriate weight as evidence by V/S and lab result within 24hrs.

Interventions

1. Assess the patient pain level by using a verbal numerical rating scale (VNRS).
2. Administer pain medication per doctor's order.
3. Encouraging relaxation techniques or distraction methods such as television, or reading books or magazine.
4. Reassess location and nature of pain, rate pain using VNRS Pain scale.

Evaluation- Goals were met, Pt reported pain of 2 on a scale of 0-10 within 1 hours of intervention.