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April 23, 2023

Professor Flavin

History of Psychology

### **History of Psychology: Week 12 and 13**

Carl Jung and Alfred Adler have made many contributions to psychology. Carl Jung focused on Analytical Psychology, Collective unconscious, Archetypes, and Introversion Extraversion. Alfred Adler focused on Individual Psychology, Inferiority Feelings, Style of Life, and the creative power of the Self. Although these discoveries were a part of Psychology history, Carl Jung and Alfred Adler have made essential attributions and are currently still in use. Carl Jung influenced psychology by creating the word association test in the early 1900s. The Word-Association is used in laboratories and is a clinical use in psychology. Another contribution of Jung is the eight psychological types that have made contributions to psychological research. Alfred Adler influenced psychology because of his establishment of Individual Psychology. Other psychologists took notice of his discovery and complimented him on how his discovery was beneficial and featured commonsense in its observations.

