

REFLECTION 13

1-Name two implications of the fact that women, on average, live longer than men.

Women live alone and suffer from more chronic disabilities than men which creates a risk for nursing home placement. I didn't really think about this as much and now that I read I am realizing that in my own family there is women who are age 75 which disabilities that live by themselves while some of my uncles have died before the age of 75.

2-Describe the differences between crystallized and fluid intelligence and give an example of each.

Crystallized intelligence refers to accumulated experience and how the person uses their judgment and communicates with others like social competence level. Crystallized intelligence helps with solving the problem and how to achieve a goal. Fluid intelligence is with information processing skills and the speed of analyzing information. The difference is fluid intelligence declines with age which is true because once you get older you won't process information as much depending on cognitive level but the longer the skills are used the longer they will be maintained.

3-How might an older person's depression present differently from that of a younger adult?

The elder depression is categorized as anhedonia which is the loss of pleasure. Older adults show more physical symptoms like weakness pain and dizziness. I use to intern at a nursing home and I use to see that the elders had weakness and the nursing home had recreational activity specialist to help the elder through the weak gain their comfortability.

4-Name three red flags for elder abuse, neglect, or exploitation that social workers should be aware of.

Social workers should be aware of the behaviors of the elder example if they often feel nervous, how the caregiver is impatient toward the elder, and poor hygiene and nutritional status is a result of lack of care. I think about how insurance companies do home assessments and contact the doctors to ask when was the last physical and if they had any concerns.