

Ling Min Huang  
Nur 204

## Comprehensive Nursing Assessment

**Patient information:** Z.R **DOB:** 1/9/1948 **Gender:** Female

**Source of History:** Patient who is a reliable historian and medical record.

**Reason for seeking care (chief complaints):** "I have pain while I pee."

**History of Present Illness (HPI).** A 75y old woman with a history of HTN, DM2, HLD, Fatty liver, thyroid nodule; left breast CA 2021, came to the clinic for dysuria. Patient report urinary meatus painful urinary frequency and urgency for three days. Meatus is mildly swollen as well. Patient denies fever or chills. Patient denied STI concern. Patient also report vulvae itchiness. Patient denied unusual vaginal discharge and bleeding.

### **Past History:**

Past Medical History: HTN, DM2, fatty liver, thyroid nodule, L breast CA 2021/6

Past Surgical History: Left breast mastectomy

Immunizations: influenza in Oct 2022, PCV 13 in Sept 2021, PPV23 Nov, 2018

**Allergy:** NKDA

### **Medication:**

metformin HCl 500 MG Oral Tablet **SIG:** 2 tabs bid

Jardiance 25 MG Oral Tablet **SIG:** Take 1 tablet (25 mg) by mouth daily.

Norvasc 5 MG Oral Tablet **SIG:** 1 Tablet by Mouth HS

Lisinopril 20 MG Oral Tablet **SIG:** 1 po od.

### **Social and Personal History**

Social: no significant social history

ETOH: Never drink

Illicit drug use: None

Smoking: Never smoke

**Family History:** Father and mother both deceased with natural cause.

### **Review of Systems:**

**General:** Blood pressure has been unstable for the past couple months.

**Head, Eyes, Ears, Throat (HEENT):** Denies history of head injury. Eyes: patient has reading glasses for 20 years, last checked 6 months ago. Denies diplopia, blurring,

halos, tearing, pains. Ear: able to hear. Denies tinnitus, vertigo, infections. Nose: Denies hay fever, sinus trouble.

**Neck:** Denies neck pain or stiffness, noticeable nodes, or mass on neck.

**Breasts:** Denies pain, lump, or discharge in either breast.

**Respiratory:** Denies shortness of breath, cough, wheezes.

**Cardiovascular:** Denies heart disease, patient has high blood pressure; last blood pressure taken in 2023. Denies dyspnea, orthopnea, chest pain, palpitations, electrocardiogram.

**Gastrointestinal:** Denies abdominal pain, difficulty with swallowing, heart burn, or changes in bowel movement.

**Urinary:** Patient complaint meatus painful urinary frequency and urgency for three days. Meatus is mildly swollen.

**Genital:** Denies unusual vaginal discharge, denies menopausal vaginal dryness

**Peripheral Vascular: Defer**

**Musculoskeletal:** patient has back and leg pain for 20 years. Patient exercise daily.

**Psychiatric:** Denies history of depression or treatment for psychiatric disorders.

**Neurologic:** Denies fainting, seizures, motor or sensory loss.

**Hematologic:** denies easy bleeding, anemia

**Endocrine:** Patient has thyroid nodule and history of diabetes.

## Physical Exam

**Height: 4'10.5" Weight: 112lb BMI:23.01 Vital Signs BP:118/76 Heart rate: respiration rate: defer Temperature: 97.3**

**General Survey:** Z.R is 75 y/o woman is short old lady who appears to be worried in no acute distress. Pt is well groomed without body odor. Speech is intact, and the thought process is logical. Gait is normal without any assistive devices.

**Head, Eyes, Ears, Throat (HEENT):** Normal cephalic, Normal conjunctiva, pupils are symmetric, normal size with active light reflex, Normal hearing. External canal is intact, no discharge.

**Neck and lymph nodes:** Range of motion is within normal limit; No tenderness; No jugular venous distention; No lymph nodes/ mass palpable.

**Thorax and Lungs:** Chest wall movement is symmetric with respiration, No intercostal retraction; No tenderness/ fremitus; Breath sounds are clear; No rales/ wheezing.

**Cardiovascular:** S1S2 heard. Regular rhythm. No murmurs, thrills, or clicks.

**Breasts:** Post left mastectomy

**Abdomen:** soft, non-tender, non-distended. No palpable masses. No CVA tenderness

**Genitalia:** External genitalia without lesions. Internal examination deferred. Vaginal mucosa pink.

**Extremities:** No deformity/clubbing/cyanosis/edema; Bilateral pedal pulse present

**Peripheral Vascular:** Defer

**Musculoskeletal:** Normal tone, full AROM. No obvious muscular atrophy or hypertrophy.

**Neurologic:** A & O x3. No focal deficits. Cranial nerves II-XII grossly intact and symmetrical. No gait disturbance.

**Mental Status.** Dress neat and clean; no mood swing; no memory loss

**Cranial Nerves:** Defer

**Cerebellar:** Defer

**Sensory:** Defer

**Reflexes:** Defer

**Laboratory Data:** urine dipstick done in office nitrite and leukocyte is positive. Urine Culture sent to laboratory.

### **Nursing Assessment/Plan**

**Problem:** Patient has UTI. Patient is unaware of the side effects of Jardiance. Patient didn't drink water regularly.

**Intervention:** Educate patient about the side effect of drug. Increase oral fluid intake. Avoid coffee, tea, spices, alcohol, and sodas. Encourage the patient to void frequently. Take medication as prescribed.

**Evaluation:** After patient completes treatment. Assure if patient still has UTI symptoms persist. Assure UTI medication side effects with patient. Assure that UTI did not cause patient to have pyelonephritis. Care of the patient with UTI must continue until at home because it has a high recurrence rate. Personal hygiene should be instructed and fluid intake should be increased.