

Respond to the questions below based on your review of Chapter 10 Late Adulthood & Very Late Adulthood.

1-Name two implications of the fact that women, on average, live longer than men.

The average life expectancy is about 85 years of age today. Women outlive men by 5 to 6 years. Due to medical advances over the year, people are living longer; in the 1900s, women did not live longer than men due to diseases and medical care ie pregnancy. Also, in developed countries, women have a better chance of surviving childhood. If you think about it most women are not at war and do not engage in too much risky behavior as boys. In my life, I have the reverse effect; my mother died early, my blood mother at 40ish, and my stepmom at 74. This is due to accidents and social environment situations they were in that ultimately led to their death. My situation is not the norm but it does happen. For my mutideminsonal interview i am interviewing my wife's grandmother, who is 96 and still cognitive.

2-Describe the differences between crystallized and fluid intelligence and give an example of each.

Crystallized intelligence is the stored knowledge over the years. On the other hand, fluid intelligence is the process of information, learning, and problem-solving. Both intelligences are equally important and work together. I realize as I get older that I rely on both of these intelligence to encompass who I am. Crystallized intelligence is recalling something they learned in school or a memory from childhood. Fluid intelligence is something you use while in college to learn and think critically.

3-How might an older person's depression present differently from that of a younger adult?

Older people are very deep in reflection and introspection at this point. They may sink deeper into depression at this point. At the same time, a younger adult is more focused on relationships, love, and contributing to society. My father is at this stage for an older adult. He was married multiple times and had children from different marriages, and even on overseas in Vietnam. He thinks a lot, I try and get him" out of his head," but now I realize this is part of the stage. Younger adults like myself, I do reflect, but I also have responsibilities that make me reflect less and work towards goals more. Through war, I grew older and became reflective due to the situations I was in, the significant loss of my emerging

adulthood years, and the wisdom I gained from the great lengths others will go to sacrifice for one another for their views.

4-Name three red flags for elder abuse, neglect, or exploitation that social workers should be aware of

Three red flags for elder abuse are physical, sexual, emotional, and financial mistreatment or exploitation. While reading this hit home; I am currently dealing with this situation and observing it with my mother-in-law. The son is the caregiver and does not care for the mother. As per the vignette on Wednesday, you can fill in the rest. I believe something is going on, but I do not believe the mother is ready to address it. Learning the red flags has helped me see elder abuse and be more aware of for when I deal with clients. I notice that my mother-in-law has poor hygiene practices and is abusing substances such as alcohol and possibly marijuana. I am glad i know more to address this issue and, hopefully, one day assist before it is too late.