

### **Nursing Journal #4**

This week my clinical hours were spent in the pediatric unit. On this rotation I worked with two children, one who was diagnosed with bronchiolitis, and the other was admitted due to pneumonia. The greatest challenge for me this week was getting accurate information from the mother of the child who suffered from bronchiolitis because she was forgetful of key symptoms experienced by her child. Self-reflection on growth for this week was based on my ability to communicate with the children and obtain an appropriate assessment. I must continue to work on understanding disease processes and applying this knowledge to the presenting symptoms.

Spiritually, I continue to grow by understanding that God has a purpose for everything, at times I may feel defeated but in reality, that is Gods method of preparation for me, and I must continue to trust His process. Professionally, growth was attained by contributing to my patients care and communicating effectively. My greatest achievement for this week was educating my patients and their parents on how to reduce the risks of disease reoccurrence. Reflecting on my technical skills I have become more comfortable navigating the epic software. Communication with Prof. Popoola was extremely important on this rotation, because her teachings are essential for me to understand and learn nursing methods and apply them efficiently. Communicating with the assigned nurse allowed me to receive information on the current status of my patients. I was able to communicate efficiently with my cohort as we assessed our patients and came together to form a plan of care while educating the parents. I will continue to work on methods of communicating with the pediatric population in order to obtain an appropriate assessment. A bible verse I found helpful this week was “God is our refuge and strength, a very present help in

trouble” (Psalm 41:1). This verse reminds me that in troublesome times I have Him to fall back on and because of that I am never really alone.