

**FIELD EDUCATION | Credit 3**  
**Julie Kast | Log**



**Week #6 || FEB 6 – 12, 2023**

**Hours This Week: 9.75**

**Total Hours: 114.5 / 120**

HOURS SPENT / TASKS & ACTIVITIES	REFLECTIONS    JOURNALING    THOUGHTS    PROCESSING
<b>Tue, Feb 7, 10:30 a.m. – 12:15 p.m.:</b> Staff Meeting <i>[1.75 hours]</i>	Staff meeting; wrote weekly LG leaders email.
<b>Wed, Feb 8, 6:30 – 9:00 p.m.:</b> LG night <i>[2.5 hours]</i>	Life Groups night prep; after taking attendance sat in on “The Chosen” with the three sisters and new members Arsenia and Donald—a blessed time.
<b>Thur, Feb 9, 2:15 p.m. – 3:15 p.m.:</b> Misc LG admin (attendance, etc.) <i>[1 hr]</i>	Responding to emails, inputting attendance, etc. for Life Groups.
<b>Sun, Feb 12, 7:40 a.m. – 12:20 p.m.:</b> prep for svc, setup; prayed in Prayer Room <i>[4.5 hours]</i>	Helped with program stuffing and cleanup/prep for service. Manned Connect Desk between services. Prayed in the Prayer Room during the second service, really enjoyed getting to know a few new couples (new to me, not to church!).

<b>MEETING(S) WITH MENTOR(S)    TOPICS OF DISCUSSION    REFLECTIONS</b>
<p>The Life Groups coordinator role brings with it a lot of administrative tasks. This has not been my strength, or more accurately, this has not been the thing that “floats my boat”... But I am learning the Realm database software and really getting to know the congregation better. I also do have the opportunity to “float” into various LG meetings and interact, which I really do love. This Wednesday was a case in point. I saw a couple that was new to the church—I had just gotten to know them at our “Discover” class a few weeks earlier. They were sitting alone together at the back of the room for the “Chosen” TV Series Life Group. During the discussion time, I went over and invited them to the group where I was sitting, with the “three sisters” who always sit in the same place, bring their dinner and snacks...only one of them is officially a member. Anyhow, the topic was very personal, and one of the sisters spilled her heart out about struggling with mental illness and coming off of years of antidepressants....Don was such an amazing blessing, offering Biblical advice and counsel even as he showed compassion on her. Such a powerful testimony of the Holy Spirit’s goodness!</p>