ADDICTIONS THEORY & COUNSELING
VIEWING GUIDELINES
MOVIE: CLEAN AND SOBER

4. RECOVERY: Describe a scene that depicts the cost of getting clean and sober.
Answer: Honestly the scenes seeing the addicts workout in the rehab facility really depicted the steps and cost of getting clean and sober.

a. What was required for Daryl to enter rehab? Explain.
Answer: After Daryl saw the woman dead in his bed due to an overdose, he had to enter rehab. His confession of having a drug addiction is the reason for rehab

b. What truth did Daryl have to face in order to have the strength to stay in recovery? Explain.
Answer: Once Daryl was kicked out of rehab by Craig, he went back to his job, only to realize he has lost everything and must stay in recovery.

c. Would you agree or disagree that this is a step on the path to godly repentance? Explain.
Answer: I would agree this is a step towards godly repentance because its a step of admitting and wanting to recover.

5. SPONSOR: Identify 3 characteristics you observed in the film that are required for a sponsor to be effective with an addict?
Answer: Total Honesty, Not afraid of showing tough love, and open communication.

a. How does the sponsor in the movie illustrate these?
Answer: Craig was incredible with Daryl and others. He illustrates all of the best characteristics in the movie. Especially when Craig knew the young lady just had a hit and he kicked her out in front of everyone.She wasn't ready to recover.

b. How do these aid in the recovery process for the addict?
Answer: It shows the addict that this is apart of the recovery process if you truly want to be free. Honesty and Bluntness is needed.

c. How is sponsorship different from friendship? Explain.
Answer: A sponsor is not your therapist, but your accountability partner. Friendship may agree with your error, but sponsors keep you accountable to your total recovery