

Kelsey McCann

1-Discuss the three primary reasons why AA may work for some people.

According to the textbook, there are three main reasons as to why AA works for some people in Middle Adulthood. It provides a social context for the problem bringing people into AA. In this context, the group members can see that others are dealing with the same issues and can create support systems for people who struggle with loneliness. Another reason why AA may work for some people is that they can deal with these issues in a social context. The feelings these people are having are not unique. By having conversations with people about these struggles, group members can gain confidence in themselves and their ability to problem solve. Finally, the third noted reason that AA works for some people is the fact that it provides a clear structure for members to feel better. AA provides a clear path to follow for these people in order to deal with their problematic behavior.

2-Discuss several problems related to the deinstitutionalization of the mentally ill.

There are several problems related to the deinstitutionalization of the mentally ill. These are as follows, there are twice as many people living in the streets and in shelters as there are in any of the public psychiatric facilities. There are an alarmingly increasing number of individuals with mental illnesses in the nation's jails and prisons, not receiving the care that they need. There are individuals released from hospitals with no mental health follow up or aftercare for these individuals. This is also a public safety concern, as there are individuals who struggle with mental health committing violent acts due to undiagnosed illness on the street.

There are even more problems with the deinstitutionalization of the mentally ill that concern public health. Housing and living conditions for people with mental health illnesses are extremely inadequate. Laws that were created to protect the rights of people with serious mental

illnesses are aimed at keeping these individuals mentally ill rather than creating reform. Finally, there is a concern that the majority of individuals who suffer from mental illnesses who were discharged from hospitals have been “lost” and are not receiving the care that they desperately need.

3-Identify several strengths and landmarks of development that present in middle adulthood.

The strengths of individuals in the middle adulthood stage are that they experience a variety of social roles and their friendships begin to deepen. In this stage, individuals are given time to revisit old friendships and have more time to create new ones. In this stage, parents have an improved relationship with their children who have left the home and this can increase a social support system. Individuals in this stage of life also have greater pay and higher status in jobs which can lead to financial stability and ability to enjoy their financial freedom.